

Short Track Personal Best Times - 2016-2017 Season

Please contact the SASSA Office for any discrepancies in this document

Legend		
Athlete Name	Distances Skated	Overall
Personal Best	All Time Personal Best Time	
Current Season Best Time	Season's Best Time for each Distance	
Improvement	Percentage of beginning of season's time. The lower the percentage the higher the level of improvement	

All skaters are sorted in alphabetical order in their age categories.

Highlighted Times are new Provincial Records (Junior B + up only)

FUNdamentals - Female							
Beveridge Warick, Taras	100m	200m	300m	400m	800m	1500m	Overall
Personal Best		<u>00:57.89</u>	<u>00:55.65</u>	02:03.84	02:41.41	04:43.49	11:22.28
Current Season Best Time		<u>00:36.62</u>	<u>00:55.65</u>	<u>01:12.96</u>	<u>02:41.41</u>	<u>04:43.49</u>	10:10.13
Improvement	#DIV/0!	63.26%	100.00%	58.91%	100.00%	100.00%	89.43%
Carr, Evyn	100m	200m	300m	400m	1000m	Overall	
Personal Best		00:46.54		01:34.93	04:05.74	06:27.21	
Current Season Best Time		<u>00:46.54</u>		<u>01:34.93</u>	<u>04:05.74</u>	06:27.21	
Improvement	#DIV/0!	100.00%	#DIV/0!	100.00%	100.00%	100.00%	
Finch, Jayda	100m	200m	300m	400m	800m	Overall	
Personal Best	00:20.42	00:41.20	01:01.27		03:04.77	05:07.66	
Current Season Best Time	<u>00:20.42</u>	<u>00:41.20</u>	<u>01:01.27</u>		<u>03:04.77</u>	05:07.66	
Improvement	100.00%	100.00%	100.00%	#DIV/0!	100.00%	100.00%	
Gosselin, Angelique	100m	200m	300m	400m	800m	1500m	Overall
Personal Best		00:34.97	00:50.05	01:06.20	02:27.24	04:48.17	06:29.34
Current Season Best Time		<u>00:33.80</u>		<u>01:06.20</u>		<u>04:48.17</u>	06:28.17
Improvement	#DIV/0!	96.65%	0.00%	100.00%	0.00%	100.00%	99.70%
Green, Jaida	100m	200m	300m	400m	800m	1500m	Overall
Personal Best	00:20.28	00:39.94	01:00.17		02:49.20		04:49.59
Current Season Best Time	<u>00:20.28</u>	<u>00:39.94</u>	<u>01:00.17</u>		<u>02:49.20</u>		04:49.59
Improvement	100.00%	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%
Kenyon, Gemma	100m	200m	300m	400m	800m	1000m	Overall

Personal Best	00:22.47	00:53.40	01:07.10		03:27.58		05:50.55	
Current Season Best Time	00:22.47	00:53.40	01:07.10		03:27.58		05:50.55	
Improvement	100.00%	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	
Korczak, Tori	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best		00:46.88	01:08.46	01:35.42	03:17.70		06:48.46	
Current Season Best Time		00:46.88	01:08.46	01:35.42	03:17.70		06:48.46	
Improvement	#DIV/0!	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%	
Maier, Katya	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best		00:49.56	01:20.33	01:46.95	04:04.43	04:35.16	12:36.43	
Current Season Best Time		00:49.56	01:20.33	01:46.95	04:04.43	04:35.16	12:36.43	
Improvement	#DIV/0!	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%	
Makowsky, Kamaya	200m	300m	400m	500m	800m	1000m	1500m	Overall
Personal Best	00:35.52	00:51.70	01:17.89	01:24.53	01:58.95	03:23.42	03:49.66	13:21.67
Current Season Best Time	00:28.29	00:40.48	00:54.85	01:08.90	01:58.95	02:36.55	03:49.66	11:37.68
Improvement	79.65%	78.30%	70.42%	81.51%	100.00%	76.96%	100.00%	87.03%
Mattick, Brie	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best		00:45.29		01:32.13		04:02.16	06:19.58	
Current Season Best Time		00:45.29		01:32.13		04:02.16	06:19.58	
Improvement	#DIV/0!	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	100.00%	
Mattick, Danica	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best	00:20.95	00:38.84	00:58.61	01:24.36	02:54.52		02:03.20	
Current Season Best Time		00:39.85		01:24.36			02:04.21	
Improvement	0.00%	102.60%	0.00%	100.00%	0.00%	#DIV/0!	100.82%	
Meinert, Natalie	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best	00:22.10	00:39.61	01:04.74	01:38.74	02:47.05	04:09.34	06:32.24	
Current Season Best Time	00:19.75	00:37.81	00:53.77	01:12.75	02:45.50		05:49.58	
Improvement	89.37%	95.46%	83.06%	73.68%	99.07%	0.00%	89.12%	
Miller, Jayda	200m	300m	400m	800m	1000m	Overall		
Personal Best	00:45.08	01:06.71	01:32.82	03:21.16		06:45.77		
Current Season Best Time	00:45.08	01:06.71	01:32.82	03:21.16		06:45.77		
Improvement	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%		
Scutchings, Melissa	100m	200m	300m	400m	500m	800m	1000m	Overall
Personal Best	00:23.39	00:35.10	00:51.46	01:12.02	02:04.10	02:36.08	03:18.81	08:33.47

Current Season Best Time		00:31.09	00:47.48	01:02.67		02:11.52	02:48.37	07:21.13
Improvement	0.00%	88.58%	92.27%	87.02%	0.00%	84.26%	84.69%	85.91%
Seman, Claire	100m	200m	300m	400m	800m	1500m	Overall	
Personal Best	00:18.88	00:33.54	00:49.66	01:27.58	02:21.64	04:27.64	06:28.76	
Current Season Best Time		00:33.23		01:05.29		04:27.64	06:06.16	
Improvement	0.00%	99.08%	0.00%	74.55%	0.00%	100.00%	94.19%	
Simpson, Bailey	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best		00:43.77	01:03.07	01:34.74		03:53.27	07:14.85	
Current Season Best Time		00:42.87	01:03.07	01:28.42		03:53.27	07:07.63	
Improvement	#DIV/0!	97.94%	100.00%	93.33%	#DIV/0!	100.00%	98.34%	
Smith, Julia	200m	300m	400m	800m	1000m	Overall		
Personal Best	00:31.56	00:46.88	01:00.71		02:40.95	05:00.10		
Current Season Best Time	00:31.56	00:46.88	01:00.71		02:40.95	05:00.10		
Improvement	100.00%	100.00%	100.00%	#DIV/0!	100.00%	100.00%		
Stack-Michasiw, Lydia	200m	300m	400m	800m	1000m	Overall		
Personal Best	00:39.15	01:01.56	01:28.85	02:50.74	02:53.50	08:53.80		
Current Season Best Time	00:34.81	00:53.45	01:11.57	02:50.74	02:53.50	08:24.07		
Improvement	88.91%	86.83%	80.55%	100.00%	100.00%	94.43%		
Stribbell, Taryn	200m	300m	400m	500m	800m	1000m	Overall	
Personal Best	00:36.84	00:54.09	01:17.03	01:35.18	02:27.16	03:42.38	08:57.50	
Current Season Best Time	00:33.06	00:50.97	01:07.25		02:27.16	03:09.86	08:08.30	
Improvement	89.74%	94.23%	87.30%	0.00%	100.00%	85.38%	90.85%	
Wallace-South, June	200m	300m	400m	800m	1000m	Overall		
Personal Best	00:40.71	01:13.96	01:16.85	03:00.99	03:25.30	09:37.81		
Current Season Best Time	00:40.71	01:13.96	01:16.85	03:00.99	03:25.30	09:37.81		
Improvement	100.00%	100.00%	100.00%	100.00%	100.00%	100.00%		
White, Avaya	100m	200m	300m	400m	800m	1000m	Overall	
Personal Best	00:20.34	00:41.11	01:01.17	01:21.02	02:51.74	03:28.38	09:43.76	
Current Season Best Time	00:20.34	00:37.94	00:57.06	01:12.92	02:51.74	03:28.38	09:28.38	
Improvement	100.00%	92.29%	93.28%	90.00%	100.00%	100.00%	97.37%	
Winter, Kaitlyn	200m	300m	400m	1000m	Overall			
Personal Best	00:47.97		01:38.96	04:20.98	06:47.91			
Current Season Best Time	00:47.97		01:38.96	04:20.98	06:47.91			

Improvement	100.00%	#DIV/0!	100.00%	100.00%	100.00%		
Veeman, Lena	100m	200m	300m	400m	800m	1000m	Overall
Personal Best	00:18.86	00:39.18	01:02.21	01:18.96	02:45.76	03:34.63	09:39.60
Current Season Best Time	00:18.86	00:35.46	00:52.41	01:11.57	02:45.76	03:34.63	09:18.69
Improvement	100.00%	90.51%	84.25%	90.64%	100.00%	100.00%	96.39%

L2T - Female								
Andreas, Shannon	200m	300m	400m	800m	1000m	1500m	Overall	
Personal Best	00:36.15	00:51.55	01:06.40	02:25.66	03:00.38	03:56.28	08:39.21	
Current Season Best Time	00:30.64		00:58.20		03:00.38	03:56.28	08:25.50	
Improvement	84.76%	0.00%	87.65%	0.00%	100.00%	100.00%	97.36%	
Beaugard, Felicity	200m	300m	400m	500m	800m	1000m	1500m	Overall
Personal Best	00:35.29	00:58.74	01:15.39	01:37.30	02:19.64	03:22.76	03:52.90	09:01.96
Current Season Best Time	00:28.03	00:44.03	00:56.89		02:04.38		03:49.41	08:02.74
Improvement	79.43%	74.96%	75.46%	0.00%	89.07%	0.00%	98.50%	89.07%
Cletheroe, Kharma	100m	200m	300m	400m	500m	800m	1000m	Overall
Personal Best	00:20.24	00:40.89	01:01.99	01:12.27	02:07.34	02:56.16	03:26.70	09:18.01
Current Season Best Time		00:32.14	00:48.57	01:07.91		02:38.83	03:00.72	08:08.17
Improvement	0.00%	78.60%	78.35%	93.97%	0.00%	90.16%	87.43%	87.48%
Cloutier, Ella	200m	300m	400m	800m	1000m	1500m	3000m	Overall
Personal Best	00:27.51	00:40.40	00:53.74	01:39.21	02:15.16	04:05.81	07:02.58	17:04.41
Current Season Best Time	00:25.43	00:37.33	00:48.64	01:39.21	02:15.77	03:11.80	07:02.58	16:00.76
Improvement	92.44%	92.40%	90.51%	100.00%	100.45%	78.03%	100.00%	93.79%
Dallaire, Serena	200m	300m	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:26.06	00:38.30	00:49.08	01:15.81	02:10.24	03:19.11	06:18.18	13:40.97
Current Season Best Time	00:23.99	00:36.05	00:44.59		02:05.65	03:01.12	06:18.18	13:09.58
Improvement	92.06%	94.13%	90.85%	0.00%	96.48%	90.96%	100.00%	96.18%
Dvorak, Sophia	100m	200m	300m	400m	800m	Overall		
Personal Best	00:19.34	00:36.56	00:57.13		02:44.59	04:37.62		
Current Season Best Time	00:19.34	00:36.56	00:57.13		02:44.59	04:37.62		
Improvement	100.00%	100.00%	100.00%	#DIV/0!	100.00%	100.00%		
Frombach, Amber	200m	300m	400m	500m	800m	1000m	1500m	Overall
Personal Best	00:32.60	00:49.92	01:06.51	02:00.96	02:17.90	03:16.51	05:02.81	10:48.35

Current Season Best Time	00:27.96	00:41.92	00:56.34			02:47.44	03:48.36	08:42.02
Improvement	85.77%	83.97%	84.71%	0.00%	0.00%	85.21%	75.41%	80.52%
Hrycuik, Sophia	200m	300m	400m	500m	800m	1000m	1500m	Overall
Personal Best	00:28.48	00:41.11	00:54.39	01:10.47	01:45.80	02:25.72	03:37.27	09:52.77
Current Season Best Time	00:26.57	00:38.47	00:51.04		01:45.80	02:15.94	03:24.64	09:22.46
Improvement	93.29%	93.58%	93.84%	0.00%	100.00%	93.29%	94.19%	94.89%
Ivey, Caedan	100m	200m	300m	400m	1000m	1500m	3000m	Overall
Personal Best	00:18.59	00:27.69	00:41.09	00:55.46	02:26.24	03:44.58	07:43.20	13:32.02
Current Season Best Time		00:27.53	00:41.09	00:53.47		03:30.37	07:43.20	13:15.66
Improvement	0.00%	99.42%	100.00%	96.41%	0.00%	93.67%	100.00%	97.99%
Liu, Jackie	200m	300m	400m	800m	1500m	Overall		
Personal Best	00:29.53	00:45.67	01:01.38	02:08.18	03:53.83	05:24.74		
Current Season Best Time	00:29.72		01:01.38		03:53.83	05:24.93		
Improvement	100.64%	0.00%	100.00%	0.00%	100.00%	100.06%		
Myers, Brooke	200m	400m	800m	1000m	1500m	Overall		
Personal Best	00:34.53	01:03.40		03:03.00		04:40.93		
Current Season Best Time	00:34.53	01:03.40		03:03.00		04:40.93		
Improvement	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%		
Seman, Avery	200m	300m	400m	800m	1000m	1500m	Overall	
Personal Best	00:29.57	00:44.60	01:00.66	02:11.06	03:32.20	04:20.64	05:50.87	
Current Season Best Time	00:29.13		00:57.44			03:46.64	05:13.21	
Improvement	98.51%	0.00%	94.69%	0.00%	0.00%	86.96%	89.27%	
Smith, Julia	200m	300m	400m	500m	800m	1500m	Overall	
Personal Best	00:34.42	00:50.18	01:10.18	01:11.57	02:16.93	04:50.13	08:36.48	
Current Season Best Time	00:28.70	00:40.69	00:53.94	01:11.57		03:51.30	07:06.20	
Improvement	83.38%	81.09%	76.86%	100.00%	0.00%	79.72%	82.52%	
Turnbull, Sophie	200m	300m	400m	500m	1000m	Overall		
Personal Best	00:34.95		01:11.75		03:04.73	04:51.43		
Current Season Best Time	00:34.95		01:11.75		03:04.73	04:51.43		
Improvement	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	100.00%		

T2T 11 - Female

Bracha, Kiera	200m	300m	400m	500m	1000m	1500m	3000m	Overall
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Personal Best	00:24.68	00:36.67	00:48.20	01:01.09	02:11.92	03:07.98	06:33.88	10:54.74
Current Season Best Time	00:25.06		00:47.25			02:59.50	06:33.88	10:45.69
Improvement	101.54%	0.00%	98.03%	0.00%	0.00%	95.49%	100.00%	98.62%
Capill, Morgan	200m	300m	400m	1000m	1500m	3000m	Overall	
Personal Best	00:27.50	00:41.67	00:53.34	02:16.44	03:40.83	07:50.99	12:52.66	
Current Season Best Time	00:27.79		00:54.27		03:30.13	07:50.99	12:43.18	
Improvement	101.05%	0.00%	101.74%	0.00%	95.15%	100.00%	98.77%	
Maier, Madison	200m	300m	400m	500m	800m	1000m	Overall	
Personal Best	00:34.83	00:56.36	01:09.44	01:39.94	02:35.61	03:07.66	08:23.90	
Current Season Best Time	00:35.37	00:53.35	01:09.44		02:35.61	03:07.66	08:21.43	
Improvement	101.55%	94.66%	100.00%	0.00%	100.00%	100.00%	99.51%	
Reynoldson, Gracie	200m	300m	400m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:27.58	00:40.12	00:51.91	02:15.19	03:41.02	04:14.60	07:05.30	16:20.41
Current Season Best Time	00:24.70		00:46.05		03:02.85	04:14.60	06:34.52	15:02.72
Improvement	89.56%	0.00%	88.71%	0.00%	82.73%	100.00%	92.76%	92.08%
Seman, Avery	200m	300m	400m	800m	1000m	1500m	Overall	
Personal Best	00:29.57	00:44.60	01:00.66	02:11.06	03:32.20	04:20.64	05:50.87	
Current Season Best Time	00:29.13		00:57.44			03:46.64	05:13.21	
Improvement	98.51%	0.00%	94.69%	0.00%	0.00%	86.96%	89.27%	

T2T 12 - Female								
Drever, Allyson	200m	300m	400m	1500m	2000m	3000m	Overall	
Personal Best	00:26.14	00:39.62	00:50.13	03:27.16	05:00.44	08:35.89	09:43.87	
Current Season Best Time	00:26.21		00:48.78	03:30.41	05:00.44		09:45.84	
Improvement	100.27%	0.00%	97.31%	101.57%	100.00%	0.00%	100.34%	
Harms, Cara	200m	400m	1500m	2000m	3000m	Overall		
Start of the Season	00:27.50	00:51.45	03:26.72	04:48.78	08:01.65	17:36.10		
Current Season Best Time	00:24.35	00:45.15	03:07.06	04:37.70	07:34.70	16:28.96		
Improvement	88.55%	87.76%	90.49%	96.16%	94.40%	93.64%		
Riben, Meela	200m	400m	500m	1500m	2000m	3000m	Overall	
Personal Best	00:23.14	00:42.95	01:03.50	02:57.57	04:10.07	06:29.63	10:33.29	
Current Season Best Time	00:22.66	00:42.10		02:56.06		06:24.24	10:25.06	
Improvement	97.93%	98.02%	0.00%	99.15%	0.00%	98.62%	98.70%	

Stribbell, Janaye	200m	300m	400m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:26.88	00:45.70	00:49.51	02:36.76	03:16.95	04:51.44	08:04.12	12:37.46
Current Season Best Time	00:25.07		00:48.06		03:06.84		06:34.29	10:54.26
Improvement	93.27%	0.00%	97.07%	0.00%	94.87%	0.00%	81.44%	86.38%

T2T 13 - Female								
Bracha, Ceili	200m	400m	1500m	2000m	3000m	Overall		
Personal Best	00:23.40	00:44.45	02:54.03	04:04.85	06:20.78	10:22.66		
Current Season Best Time	00:23.24	00:43.34	02:51.88		06:00.51	09:58.97		
Improvement	99.32%	97.50%	98.76%	0.00%	94.68%	96.20%		
Dallaire, Shannon	200m	400m	1500m	2000m	3000m	Overall		
Personal Best	00:25.28	00:47.67	03:15.95	04:38.79	06:57.50	11:26.40		
Current Season Best Time	00:24.17	00:44.26	03:00.26		06:31.30	10:39.99		
Improvement	95.61%	92.85%	91.99%	0.00%	93.72%	93.24%		
Harrison, Heather	200m	400m	1500m	2000m	3000m	Overall		
Personal Best	00:25.28	00:48.38	03:16.37	04:27.37	06:53.27	11:23.30		
Current Season Best Time	00:24.06	00:45.54	03:01.62		06:24.66	10:35.88		
Improvement	95.17%	94.13%	92.49%	0.00%	93.08%	93.06%		
Krieger, Kaitlyn	200m	400m	1500m	2000m	3000m	Overall		
Personal Best	00:25.63	00:47.95	03:07.59	04:22.12	06:46.57	11:07.74		
Current Season Best Time	00:25.60	00:47.93	03:07.62		06:53.64	11:14.79		
Improvement	99.88%	99.96%	100.02%	0.00%	101.74%	101.06%		
Marshall, Annika	200m	300m	400m	1500m	2000m	3000m	Overall	
Personal Best	00:23.10	00:41.86	00:43.57	02:55.61	04:14.39	06:53.98	10:56.26	
Current Season Best Time	00:22.88		00:43.80	02:51.69		06:03.91	10:02.28	
Improvement	99.05%	0.00%	100.53%	97.77%	0.00%	87.91%	91.77%	
Moris, Molly	200m	300m	400m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:25.94	00:37.62	00:49.50	02:26.23	03:12.38	04:44.63	07:03.39	16:15.84
Current Season Best Time	00:24.77		00:46.56		03:11.74	04:19.47	06:36.92	15:19.46
Improvement	95.49%	0.00%	94.06%	0.00%	99.67%	91.16%	93.75%	94.22%

T2T 14 - Female							
Bloom, Makenna	200m	400m	500m	1500m	3000m	Overall	

Personal Best	00:23.75	00:44.96	00:59.52	02:57.52	06:20.03	04:06.23
Current Season Best Time	00:24.45	00:45.11		03:05.83		04:15.39
Improvement	102.95%	100.33%	0.00%	104.68%	0.00%	103.72%
Friesen, Kali Ann	200m	400m	1500m	2000m	3000m	Overall
Personal Best	00:24.22	00:46.36	03:00.05	04:35.82	07:16.64	11:27.27
Current Season Best Time	00:24.13	00:44.52	02:58.71		06:34.14	10:41.50
Improvement	99.63%	96.03%	99.26%	0.00%	90.27%	93.34%
Junior B - Female						
Brown, Shailyn	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:55.98	01:07.16	02:16.96	03:29.23	07:06.41	06:53.35
Current Season Best Time		01:12.34	02:14.90	03:54.25		07:21.49
Improvement	0.00%	107.71%	98.50%	111.96%	0.00%	106.81%
Cipywnyk, Brianne	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:43.78	00:52.39	02:06.45	02:57.99	06:24.16	05:56.83
Current Season Best Time		00:53.36	01:52.32	03:00.22		05:45.90
Improvement	0.00%	101.85%	88.83%	101.25%	0.00%	96.94%
Coutu, Vanessa	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:40.75	00:50.39	01:45.26	02:46.78	05:58.88	11:21.31
Current Season Best Time		00:49.45	01:42.45	02:41.71	05:34.25	10:47.86
Improvement	0.00%	98.13%	97.33%	96.96%	93.14%	95.09%
Hearn, Jayne	400m	500m	1000m	1500m	3000m	Overall
Start of the Season	00:49.28	00:59.03	02:05.51	03:13.94	07:16.13	06:18.48
Current Season Best Time		00:56.86	02:01.13	03:09.34		06:07.33
Improvement	0.00%	96.32%	96.51%	97.63%	0.00%	97.05%
Korthuis, Laura	200m	400m	1500m	3000m	Overall	
Personal Best	00:27.05	00:50.89	03:26.53	08:10.42	04:44.47	
Current Season Best Time	00:26.84	00:51.39	03:28.39		04:46.62	
Improvement	99.22%	100.98%	100.90%	0.00%	100.76%	
Morris, Jane	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:43.83	00:57.29	01:57.65	02:58.16	06:19.97	12:13.07
Current Season Best Time		00:54.16	01:54.40	02:58.97	06:23.53	12:11.06
Improvement	0.00%	94.54%	97.24%	100.45%	100.94%	99.73%

Moyse, Olivia	500m	1000m	1500m	3000m	Overall
Personal Best	00:47.67	01:42.85	02:33.70	05:27.16	10:31.38
Current Season Best Time	<u>00:49.01</u>	<u>01:39.57</u>	<u>02:36.94</u>	<u>05:31.54</u>	10:37.06
Improvement	102.81%	96.81%	102.11%	101.34%	100.90%