

Saskatchewan Speed Skating High Performance Bulletin

#5 – 2016

Purpose



The SASSA High Performance Bulletin is integral to the HP Program that SASSA provides its athletes. The High Performance Committee along with SASSA's Provincial Coach and Executive Director are responsible for creating policies found on this document and is intended to compliment and support the goals of SASSA's four year High Performance Planning Initiative (HPPI: 2015-2019). The **2016 HP Bulletin #5 – is for the Skating year of June 1st, 2017 to May 31st, 2018 only. The results from the 2016-17 season will be used to select this team.** This will give skaters a goal to work towards during the 2016-17 season.

The Development Team will feature T2T athletes and athletes in their last year of L2T during the 2016-17 season. The Provincial Team will include Junior + Neo Senior athletes and athletes in their last year of T2T during the 2016-17 season. The reason L2T and T2T are being included in the Development and Provincial Teams respectively is that during the 2017-2018 season they will be moving up to the appropriate age categories to be considered for the Development/Provincial Teams. Those skaters moving up will have their times measured against the same time standards as the other skaters in the selection process of the Provincial & Development Teams (ex. L2T skaters moving up will have their times measured against T2T Provincial Records).

The High Performance Committee will review and create a new HP Bulletin to be released by September 1st of each year. The goal of this document is to map out SASSA's support and show athletes the pathway to high performance in the context of meeting the short and long term goals of the High Performance Planning Initiative.

HPPI: The long term goal of SASSA is to prepare our skaters for the National Training Centre in either short track or long track. We believe that we can prepare them so that, in addition to years of work at a higher level they can represent our province and country in Junior Worlds, World Cups and Olympic Games. For more information on the SASSA High Performance Planning Initiative [Click here!](#)

SASSA Teams

- 2017-2018 T2T Athletes: Saskatchewan Development Team, training in Province
- 2017-2018 Junior to Neo Senior: Saskatchewan Provincial Team, training in Province
- Athletes training out of Province are covered by the Blue Book Funding
- **In an attempt to increase support of in-province skaters, the HP Committee will review coaching support on a competition by competition basis. It will not be based on the number of in-province skaters attending a competition.**

Saskatchewan Development Team

- T2T athletes and athletes in their last year of L2T (*2016-17 season*), in Province
- **Main Competitions: Canada West Short Track and Canadian Age Class Long Track.**
- **What SASSA would provide to support HPPI Goals for Development Team:**
 - Training camps.
 - Fast is Fun & Can Am Camps: camp registration fees covered by SASSA.
 - Support at these competitions in the form of coaching.
 - Provide funding for Out-of-Province competitions.
 - Athletes can purchase the Team Saskatchewan suit at their own cost.
- **How to qualify:**
 - The top 2 male and female skaters from each T2T age class (4 age classes) will be selected to the team LT/ST, for total of 32 spots on the team.
 - LT/ST will use 2016-17 season's best times, from 2 distances for ranking and times must be within 115 % of SK T2T records.
 - A skater can be named to both LT/ST teams, but can only receive Out of Province financial assistance from one identified discipline.
 - Short Track Distances used will be 200m, 400m, 1500m and 3000m.

- Long Track Distances used will be 300m, 500m, 1500m and 3000m.
- One sprint and one long distance race will be used for the ranking. For ST the 200m or 400m + the 1500m or 3000m will be used. For LT the 300m or 500m + the 1500m or 3000m will be used for the ranking.
- **Financial Support:**
 - FiF and Can Am camps registration fees covered by SASSA.
 - Coaching support at CWST, CACLT and other identified competitions.
 - Each Skater will be eligible for \$100.00 dollars of financial assistance for attending two Out-of-Province competitions.
 - If there are less than 32 individuals on the Development Team, the rest of the available funds will be divided up amongst the eligible skaters up to a maximum of \$200.00 dollars per skater. This funding will be awarded following proof of attendance and submission of receipts.
- **Qualifying athletes will be on the Development Team for the 2017-18 season (1 year term). Athletes must qualify each year for a spot on the team.**

Saskatchewan Provincial Team

- **Junior + Neo Senior athletes and athletes in their last year of T2T (2016-17 season), in Province**
- **Main Competitions: Canada Cups and Canadian ST Championships**
- **What SASSA would provide to support HPPI Goals for the Provincial Team:**
 - Provide provincial team training camps.
 - FiF & Can Am Camps: camp registration fees covered by SASSA.
 - Provide funding for Out-of-Province competitions.
 - Athletes can purchase the Team Saskatchewan suit at their own cost.
- **How to Qualify:**
 - Qualifying times will be used from the previous season due to the time standards being released by Speed Skating Canada. This information is not available until after the HP Bulletin is published.
 - Any athletes that have times that meet the time standards to qualify for National Competitions will be on the Provincial Team, up to 16 skaters. If necessary, a ranking for these athletes will be based off the skaters top two times compared to Canadian Records.
 - The athletes primary residence must be in Saskatchewan.
- **Financial Support:**
 - Coaching support at National competitions and camps.
 - FiF and Can Am camps registration fees covered by SASSA.
 - There will be 16 shares of \$500 dollars available to athletes on the team. If there are less than 16 athletes that qualify, the rest of the available funds will be divided up amongst the eligible skaters up to a maximum share of \$1,000 dollars per skater. To receive funding skaters must compete at two Out of Province Competitions. Examples: *Short Track*- ST Junior Championship + 1 Out-of-Province competition, *Long Track*- Canada Cups. This funding will be awarded following proof of attendance and submission of receipts.

Qualifying athletes will be on the Provincial Team for the 2017-18 season (1 year terms). Athletes must qualify each year for a spot on the team.

Athletes Training -Out of Province

- Funded according to the blue book policies.
- If competing at a National Level, athletes can purchase a Team Saskatchewan Suit at their own cost.

The SASSA HP Committee reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are, as the SASSA –High Performance Committee solely determines, clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the SASSA High Performance Committee.