

# All Results are from SpeedskatingResults.com

[Please contact the SASSA Office for any discrepancies in this document](#)

<b>Canada Cup I</b>					
<b>Entry Standard Times</b>	<b>Indoor</b>	<b>Outdoor</b>			
<b>Senior Female</b>					
500m	00:45.0	00:50.0			
1000m	01:29.0	01:39.0			
1500m	02:19.0	02:34.0			
3000m	04:54.0	05:30.0			
<b>Junior Female</b>					
500m	00:47.0	00:51.0			
1000m	01:31.0	01:41.6			
1500m	02:21.0	02:37.6			
3000m	04:56.0	05:36.0			
<b>Canada Cup II</b>					
<b>Entry Standard Times</b>	<b>Indoor</b>	<b>Outdoor</b>			
<b>Senior Female</b>					
500m	00:45.0	00:48.0			
1000m	01:28.0	01:37.0			
1500m	02:15.0	02:30.0			
3000m	04:48.0	05:25.0			
<b>Junior Female</b>					
500m	00:46.0	00:48.0			
1000m	01:30.0	01:38.0			
1500m	02:20.0	02:31.0			
3000m	04:55.0	05:25.0			
<b>Canada Cup III</b>			<b>Canadian Jr. Champ.</b>		
<b>Entry Standard Times</b>	<b>Indoor</b>	<b>Outdoor</b>	<b>Entry Standard Times</b>	<b>Indoor</b>	<b>Outdoor</b>
<b>Senior Female</b>			<b>Junior Female</b>		
500m	00:45.0	00:50.0	500m	00:47.0	00:51.0
1000m	01:29.0	01:39.0	1000m	01:31.0	01:41.6
1500m	02:19.0	02:34.0	1500m	02:21.0	02:37.6
3000m	04:54.0	05:30.0	3000m	04:45.0	05:36.0
<b>Junior Female</b>			5000m	07:21.0	08:46.8
500m	00:47.0	00:51.0			
1000m	01:31.0	01:41.6			
1500m	02:21.0	02:37.6			
3000m	04:56.0	05:36.0			
<b>North American</b>					
<b>Entry Standard Times</b>	<b>Indoor</b>	<b>Outdoor</b>			
<b>Senior Female</b>					
500m	00:45.00	00:48.00			
1000m	01:28.00	01:37.00			
1500m	02:15.00	02:30.00			
3000m	04:48.00	05:25.00			
<b>Junior Female</b>					
500m	00:46.0	00:48.0			
1000m	01:31.0	01:38.0			
1500m	02:20.0	02:31.0			
3000m	13:25.0	05:25.0			

Legend		
Athlete Name - hyperlink to Speedskatingresults.com	<b>Distances Skated</b>	<b>Overall</b>
<b>Personal Best</b>	<b>All Time Personal Best Time</b>	
Current Season Best Time	Season's Best Time for each Distance	
Improvement	Percentage of beginning of season's time. The lower the percentage the higher the level of improvement	

All skaters are sorted in alphabetical order in their age categories.

Highlighted Legend      Indoor      Outdoor      Prov. Record      CDN Record

Junior C Female			
<b>Personal Best</b>	<b>100m</b>	<b>500M</b>	<b>Overall</b>
<a href="#">Bell, Chanel</a>	00:12.89	00:52.25	00:52.25
Current Season PB	00:13.04	00:50.54	00:50.54
	101.16%	96.73%	96.73%
<b>Personal Best</b>	<b>500M</b>	<b>Overall</b>	
<a href="#">Brown, Shailyn</a>	01:14.55	01:14.55	
Current Season PB	01:14.55	01:14.55	
	100.00%	100.00%	
<b>Personal Best</b>	<b>100M</b>	<b>500M</b>	<b>Overall</b>
Cipywnyk, Brianne	00:13.12	01:04.79	01:17.91
Current Season PB	00:13.66	00:57.60	01:11.26
	104.12%	88.90%	91.46%
<b>Personal Best</b>	<b>100M</b>	<b>500M</b>	<b>Overall</b>
<a href="#">Coutu, Vanessa</a>	00:17.15	01:09.32	01:26.47
Current Season PB	00:17.15	01:09.32	01:26.47
	100.00%	100.00%	100.00%
<b>Personal Best</b>	<b>100m</b>	<b>500M</b>	<b>Overall</b>
Dagenais, Roslynn	00:12.89	00:55.30	00:55.30
Current Season PB	00:14.55	00:59.50	00:59.50
	112.88%	107.59%	107.59%
<b>Personal Best</b>	<b>500M</b>	<b>Overall</b>	
<a href="#">Fuchs, Abby</a>	01:12.95	01:12.95	
Current Season PB	01:12.95	01:12.95	
	100.00%	100.00%	
<b>Personal Best</b>	<b>100M</b>	<b>500M</b>	<b>Overall</b>
<a href="#">Grajczyk, Sophia</a>	00:14.96	01:26.98	01:26.98
Current Season PB	00:17.86	01:25.32	01:25.32
	119.39%	98.09%	98.09%
<b>Personal Best</b>	<b>100M</b>	<b>500M</b>	<b>Overall</b>
Harris, Erin	00:19.42	01:30.61	01:50.03
Current Season PB	00:19.42	01:30.61	01:50.03
	100.00%	100.00%	100.00%
<b>Personal Best</b>	<b>100m</b>	<b>500M</b>	<b>Overall</b>
Hearn, Jayne	00:14.32	01:13.85	01:28.17
Current Season PB	00:14.05	01:02.01	01:16.06
	98.11%	83.97%	86.27%
<b>Personal Best</b>	<b>100m</b>	<b>500M</b>	<b>Overall</b>
McMaster, Brynne	00:14.51	01:08.32	01:08.32
Current Season PB	00:16.50	01:08.32	01:08.32
	113.71%	100.00%	100.00%

Personal Best	100m	500M	Overall	
Millar, Mackenzie	00:15.54	00:15.54		
Current Season PB	00:15.97	00:15.97		
	102.77%	102.77%		
Personal Best	100m	500M	Overall	
Morris, Jayne	00:14.88	01:08.28	01:23.16	
Current Season PB	00:16.44	01:08.28	01:24.72	
	110.48%	100.00%	101.88%	
Personal Best	100m	500M	Overall	
Moyse, Olivia	00:13.45	00:52.25	00:52.25	
Current Season PB	00:12.81	00:49.78	00:49.78	
	95.24%	95.27%	95.27%	
Personal Best	100m	500M	Overall	
Piluk, Amy	00:14.32	01:03.39	01:03.39	
Current Season PB	00:15.09	01:06.62	01:06.62	
	105.38%	105.10%	105.10%	
Personal Best	100m	500M	Overall	
Sanson, Gabrielle	00:12.32	00:52.08	01:04.40	
Current Season PB	00:12.37	00:48.33	01:00.70	
	100.41%	92.80%	94.25%	
Personal Best	100m	500M	3000M	Overall
Stevenson, Shealynn	00:13.80	00:53.44	05:59.41	00:53.44
Current Season PB	00:14.04	00:53.44	05:59.41	00:53.44
	101.74%	100.00%	100.00%	100.00%
Personal Best	100m	500M	Overall	
Workman, Tenielle	00:13.07	01:13.71	01:13.71	
Current Season PB	00:14.53	00:58.33	00:58.33	
	111.17%	79.13%	79.13%	

Junior B Female					
Personal Best	500M	1000M	1500M	3000M	Overall
Bell, Lauren	00:48.84	01:36.67	02:31.34	05:24.10	07:49.61
Current Season PB	00:53.16	01:47.12	00:00.00	06:08.78	08:49.06
	108.85%	110.81%	0.00%	113.79%	112.66%
Personal Best	500M	1000M	1500M	3000M	Overall
Brunet, Lexi	00:49.75	01:41.03	02:36.88	06:58.34	12:06.00
Current Season PB	00:49.75	01:41.03	02:36.88	06:58.34	12:06.00
	100.00%	100.00%	100.00%	100.00%	100.00%
Personal Best	500M	1000M	1500M	3000M	Overall
Fish, Lindsay	00:47.65	01:33.82	02:22.20	04:53.50	09:37.17
Current Season PB	00:47.18	01:32.64	02:21.43	04:52.37	09:33.62
	99.01%	98.74%	99.46%	99.61%	99.38%
Personal Best	500M	1000M	1500M	3000M	Overall
Kokotaio-Waterer, Katie	00:48.16	01:37.92	02:29.98	05:18.05	10:14.11
Current Season PB	00:51.48	01:45.16	02:43.49	05:40.29	11:00.42
	106.89%	107.39%	109.01%	106.99%	107.54%
Personal Best	500M	1000M	1500M	3000M	Overall
Marsh, Jessica	00:51.63	01:46.87	02:50.30	06:16.22	11:45.02
Current Season PB	00:48.20	01:37.13	02:32.51	05:24.60	10:22.44
	93.36%	90.89%	89.55%	86.28%	88.29%

Personal Best	100m	500M	1500M	3000M	Overall
Neudorf, Amy	00:16.97	01:13.40	02:50.30	06:16.22	01:30.37
Current Season PB	00:16.97	01:18.38	00:00.00	00:00.00	01:35.35
	100.00%	106.78%	0.00%	0.00%	105.51%
Personal Best	500M	1000M	1500M	3000M	Overall
Slusar, Rachel	00:48.22	01:37.92	02:31.18	05:24.98	07:51.12
Current Season PB	00:53.37	01:51.49	00:00.00	06:33.37	09:18.23
	110.68%	113.86%	0.00%	121.04%	118.49%
Personal Best	500M	1000M	1500M	3000M	Overall
Wheler, Juliette	00:44.00	01:29.77	02:14.84	04:56.72	09:25.33
Current Season PB	00:41.41	01:21.68	02:08.98	04:30.21	08:42.28
	94.11%	90.99%	95.65%	91.07%	92.38%
Personal Best	500M	1000M	1500M	Overall	
Yurach, Mckenna	00:56.79	02:13.92	03:16.50	02:13.92	
Current Season PB	00:00.00	02:13.30	00:00.00	02:13.30	
	0.00%	99.54%	0.00%	99.54%	

Junior A Female					
Personal Best	500M	1000M	1500M	3000M	Overall
Babich, Katie	00:42.62	01:23.84	02:09.82	04:33.85	08:50.13
Current Season PB	00:42.47	01:23.64	02:08.91	04:32.73	08:47.75
	99.65%	99.76%	99.30%	99.59%	99.55%
Personal Best	500M	1000M	1500M	3000M	Overall
Thiel, Christina	00:44.00	01:27.74	02:15.74	04:53.37	09:20.85
Current Season PB	00:42.81	01:24.86	02:10.33	04:41.14	08:59.14
	97.30%	96.72%	96.01%	95.83%	96.13%

Senior Female						
Personal Best	500M	1000M	1500M	3000M	5000m	Overall
Christ, Kali	00:39.49	01:15.93	01:58.01	04:11.32	07:31.14	15:35.89
Current Season PB	00:39.18	01:16.08	01:56.97	04:10.17	07:26.27	15:28.67
	99.21%	100.20%	99.12%	99.54%	98.92%	99.23%
Personal Best	500M	1000M	1500M	3000M	Overall	
Fast, Hillary	00:40.92	01:20.34	02:05.37	04:37.32	08:43.95	
Current Season PB	00:40.46	01:19.38	02:03.98	04:35.49	08:39.31	
	98.88%	98.81%	98.89%	99.34%	99.11%	
Personal Best	500M	1000M	1500M	3000M	Overall	
Hudey, Marsha	00:39.34	01:19.55	02:05.26	04:36.12	08:40.27	
Current Season PB	00:39.02	01:19.45	02:04.83	04:49.99	08:53.29	
	99.19%	99.87%	99.66%	105.02%	102.50%	

Master 30 Female					
Personal Best	500M	1000M	1500M	3000M	Overall
Shumate, Ashley	00:42.60	01:25.57	02:35.46	05:31.52	02:08.17
Current Season PB	00:40.18	01:23.20	00:00.00	00:00.00	02:03.38
	94.32%	97.23%	0.00%	0.00%	96.26%