

Purpose

The SASSA High Performance Bulletin will be integral to the new HP Program that SASSA will provide its athletes. The High Performance Committee along with SASSA's Provincial Coach and Executive Director are responsible for creating policies found on this document. **The HP Bulletin #1 – 2012 is for this year (September 1st, 2012 to March 31st, 2013 only.** The High Performance Committee will review and create a new HP Bulletin to be released on September 1st of each year. The goal of this document is to map out SASSA's support and show athletes the pathway to high performance skating.

Provincial Team

- Train 2 Train Athletes and Junior B+ up athletes are on separate teams
- T2T: Saskatchewan Development Team
- Junior B + up: Saskatchewan Provincial Team
- **A minimum of four in-province skaters must take part in an event identified for coaching support for SASSA to send a coach. If there is less, other coaching arrangements will be made for the skater(s).**

Saskatchewan Development Team

- T2T only athletes.
- **Main Competitions: Canada West Short Track and Canadian Age Class Long Track.**
- **What SASSA would provide:**
 - Support at these competitions in the form of providing coach(es)
 - Provide funding for registration fees at these two competitions.
- **How to qualify:**
 - Top 4 Male/Female T2T skaters in LT and ST for a total of 16 positions.
 - LT/ST use best times from 2 distances for ranking. **Outdoor times for Long Track will only be eligible for ranking. Indoor mass start times will not be used for ranking.**
- **Financial Support:**
 - Coaching support at CWST + CANLT.
 - Entry fee for Canadian Age Class Long Track and Canada West Short Track competitions.
- **Qualifying athletes will be on the Development Team for the 2012-13 season (1 year terms). Athletes must qualify each year for a spot on the team.**

Saskatchewan Provincial Team

- **Junior B + up until Sport Canada Carded athletes.**
- **What SASSA would provide:**
 - Support at two competitions per season for both long track and short track
 - Provide provincial team training camps.
 - FiF & Can Am: athletes pay, cost recovery from SASSA.
 - Dryland Camps & ST and LT Camps.
 - Entry fee for Canada Cup III and Canadian ST/or Canadian Team Trials
- **How to Qualify:**
 - Top 4 Male/Female skaters in LT and ST for a total of 16 positions.
 - LT/ST use best times from 2 distances for ranking.
 - Minimum standard is 120% of Provincial Records.

- Long Track Times:
 - To aid in including skaters that have outdoor times only, the following formula was created.
 - The Top 5 Female and Male Saskatchewan skaters' indoor times and times from Canada II outdoor times were taken for each distance.
 - The difference between the five different skaters' indoor and outdoor times were taken and averaged.
 - The below table will be used to calculate outdoor times for ranking the LT portion of the Provincial Team.

Female - Distance	500m	1000m	1500m	3000m
Outdoor Times Subtract:	00:03.22	00:07.58	00:12.21	00:21.95

Male - Distance	500m	1000m	1500m	3000m	5000m	10000m
Outdoor Times Subtract:	00:02.67	00:06.12	00:09.21	00:19.94	00:36.51	00:40.90

- **Medical Replacement Policy**

- In the case of an injury to a skater while competing on the Provincial Team, the decision to remain on the team is left up to the discretion of the High Performance Committee and SASSA Provincial Coach, after consultation the family physician.
- In the case where a skater is on the Provincial Team and is injured prior to the skating season, the decision to maintain the skater on the team is left up to the discretion of the High Performance Committee and SASSA Provincial Coach, after consultation the family physician.
- In the case where a skater on the Provincial Team is injured and is unable to compete at selected supported events, the High Performance Committee and SASSA Provincial Coach will select an alternate skater.

- **Financial Support:**

- Coaching Support at Winterfest, Canadian ST, Canada Cup II, and Canada Cup III.
- Entry fee for Canada Cup III and Canadian Short Track/or Canadian Team Trials.
- Dryland Camps.
- Can Am Camp.
- CWG Suit funding.

- **Qualifying athletes will be on the Provincial Team for the 2012-13 season (1 year terms). Athletes must qualify each year for a spot on the team.**