Legend		
Athlete Name	Distances Skated	Overall
Personal Best	All Time Personal Best Time	-
Current Season Best Time	Season's Best Time for each Dista	nce
Improvement	Percentage of beginning of season's time. The lower the the higher the level of improvement	e percentage

Please contact the SASSA Office for any discrepencies in this document

FUNdamentals - Female								
Personal Best	100m	200 m	300m	400 m	800m	1500m	Overall	
Beveridge Warick, Taras	00:15.33	00:28.78	00:42.51	01:07.66	01:57.44	04:38.10	09:09.82	
Current Season PB	<u>00:13.81</u>		00:41.26	00:53.80		<u>04:25.48</u>	06:14.35	
	90.08%	0.00%	9 7.0 6%	79.52%	0.00%	95.46%	68.09%	
Personal Best	100m	200 m	300m	400 m	800m	1500m	Overall	
Cousineau, Meg	00:16.33	00:39.49	00:55.89		02:55.16		03:51.05	
Current Season PB	<u>00:16.33</u>	00:32.62	00:52.33		02:55.16		04:36.44	
	100.00%	82.60%	93.63%	#DIV/0!	100.00%	#DIV/0!	119.65%	
Personal Best	100m	200 m	300m	400 m	800m	1 500 m	Overall	
Finch, Jayda		00:30.89	00:45.27	00:59.88			01:45.15	
Current Season PB		00:30.89	00:45.27	00:59.88			02:16.04	
	#DIV/0!	100.00%	100.00%	100.00%	#DIV/0!	#DIV/0!	1 29.38%	
Personal Best	100m	200 m	300m	400 m	800m	Overall		•
Kendze, Chloe	00:19.65	00:33.94	00:50.52		02:25.95	03:50.41		
Current Season PB	<u>00:16.49</u>	<u>00:33.94</u>	00:50.52		02:25.95	04:06.90		
	83.92%	100.00%	100.00%	#DIV/0!	100.00%	107.16%		
Personal Best	100m	200 m	300m	400 m	800m	Overall		
Kenyon, Gemma	00:18.13	00:36.04	00:55.18	01:45.91	02:42.47	05:59.60		
Current Season PB		<u>00:37.98</u>	00:56.67			01:34.65		
	0.00%	105.38%	102.70%	0.00%	0.00%	26.32%		
Personal Best	100m	200 m	300m	400 m	500m	1200m	1500m	Overa
Veeman, Lena	00:17.03	00:32.24	00:47.11	00:57.83	01:05.45	02:35.43	04:43.85	10:58.
Current Season PB	00:14.57		00:40.05	00:57.83	01:05.45	<u>02:35.43</u>	<u>04:43.85</u>	10:17.
	85.55%	0.00%	85.01%	100.00%	100.00%	100.00%	100.00%	93.66
Personal Best	100m	200 m	300m	800m	Overall			

Yaschuk, Avery	00:19.01	00:34.78	00:55.90		01:49.69
Current Season PB	<u>00:19.01</u>	00:34.78	<u>00:55.90</u>		01:49.69
	100.00%	100.00%	100.00%	#DIV/0!	100.00%

L2T - Female							
Personal Best	100m	200m	300m	400m	800m	1500m	Overall
Cletheroe, Kharma	00:17.73	00:34.03	00:51.00	01:07.65	02:53.78		00:00.00
Current Season PB			00:46.86	01:01.21			01:48.07
	0.00%	0.00%	91.88%	90.48%	0.00%	#DIV/0!	#DIV/0!
Personal Best	100m	200m	300m	400m	500m	1200m	Overall
Harmon, Hannah	00:14.55		00:38.39		01:06.58	02:34.79	01:59.52
Current Season PB	00:14.55		00:38.39		01:06.58	02:34.79	04:34.31
	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	100.00%	229.51%
Personal Best	100m	200 m	300m	400m	1000m	1500m	Overall
Holt, Paris	00:17.54	00:30.24	00:47.07	01:02.95	03:23.70	04:44.48	07:04.74
Current Season PB							00:00.00
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Makowsky, Kamaya	100m	200 m	300m	400 m	500 m	1500m	Overall
Personal Best	00:15.15	00:32.71	00:37.57	00:50.29	00:57.60	03:33.53	06:46.85
Current Season Best Time	<u>00:13.53</u>		00:35.19	00:52.29	00:57.60	<u>04:21.25</u>	06:59.86
Improvement	89.31%	0.00%	93.67%	103.98%	100.00%	1 22.3 5%	103.20%
Personal Best	100m	200 m	300 m	400 m	1000m	Overall	
Panko, Jaleigh	00:15.99	00:32.88	00:53.62	01:15.95	03:24.40	06:06.85	
Current Season PB						00:00.00	
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	
Personal Best	100m	200 m	300m	400 m	1500m	Overall	
Schwartzenberger, Lambert	00:17.84		00:41.88	00:56.44	04:47.20	06:25.52	
Current Season PB	00:17.84		00:41.88	00:56.44	04:47.20	06:25.52	
	100.00%	#DIV/0!	100.00%	100.00%	100.00%	100.00%	
Personal Best	100m	200m	300m	400m	1500m	2000m	Overall
Simpson, Bailey	00:16.13	00:41.23	00:58.64				01:56.00
Current Season PB	00:16.13	00:34.61	00:53.48				01:44.22
	100.00%	83.94%	91.20%	#DIV/0!	#DIV/0!	#DIV/0!	89.84%
	100m	200m		400m		Overall	

Textor, Hannah	00:21.39	00:47.05	01:12.63		03:27.13	05:48.20
Current Season PB	<u>00:18.13</u>	00:39.13	01:05.61		03:27.13	05:30.00
	84.76%	83.17%	9 0.33 %	#DIV/0!	100.00%	94.77%

T2T 11 - Female							
Personal Best	200 m	300m	400m	1000m	1500m	3000m	Overall
Dvorak, Sophia	00:28.88	00:42.87	00:58.07	02:28.44	03:38.10	08:43.18	07:47.48
Current Season PB		00:36.53		02:27.52	03:38.10	<u>08:43.18</u>	15:25.33
	0.00%	85.21%	0.00%	99 .38 %	100.00%	100.00%	197.94%
Personal Best	100m	300m	400m	1000m	1500m	3000m	Overall
Hryciuk, Sophia	00:14.91	00:40.94	00:53.10	02:30.75	03:40.52	08:50.83	16:51.05
Current Season PB		<u>00:34.59</u>		02:30.75	03:09.48	<u>08:50.83</u>	15:05.65
	0.00%	84.49%	0.00%	100.00%	85.92%	100.00%	89.58%
Personal Best	200 m	300m	400m	1000m	1500m	3000m	Overall
Scutchings, Melissa	00:29.94	00:37.48	00:49.74	02:14.96	03:17.61	07:41.62	15:11.35
Current Season PB		00:35.64		<u>02:14.96</u>	03:15.14	<u>07:41.62</u>	13:47.36
	0.00%	95.09%	0.00%	100.00%	98.75 %	100.00%	90.78%

T2T 12 - Female							
Personal Best	200 m	300m	400 m	1000m	1 500 m	3000m	Overall
Beauregard, Felicity	00:31.53	00:36.75	01:01.55	02:26.98	03:40.18	07:45.78	16:02.77
Current Season PB		<u>00:35.86</u>		02:20.38	<u>03:32.91</u>	<u>09:33.26</u>	16:02.41
	0.00%	97.58%	0.00%	95.51%	96.70%	123.08%	99.96%
Personal Best	200 m	300m	400 m	1500m	2000 m	3000m	Overall
Cloutier, Ella	00:25.94	00:32.41	00:49.50	02:37.66	06:26.49	05:49.52	16:41.52
Current Season PB		00:30.99		02:35.27		07:20.98	10:27.24
	0.00%	95.62%	0.00%	98.48%	0.00%	126.17%	62.63%
Personal Best	200 m	300m	400m	1500m	3000m	Overall	
Dallaire, Serena	00:31.00	00:31.15	00:49.75	02:37.07	05:46.19	03:57.97	
Current Season PB		00:30.23				00:30.23	
	0.00%	9 7.05 %	0.00%	0.00%	0.00%	12.70%	
Personal Best	200 m	300m	400m	800m	1000m	1500m	3000m
Fromback, Amber	00:28.40	00:38.16	00:59.10	02:56.45	04:09.61	03:33.54	07:28.50

Current Season PB		00:38.83				<u>03:51.51</u>		04:30.34
	0.00%	101.76%	0.00%	0.00%	0.00%	108.42%	0.00%	26.06%
Personal Best	300m	500 m	1000m	1500m	3000 m	Overall		
Pieper, Kearah	00:39.11		02:22.18			02:22.18		
Current Season PB	<u>00:39.11</u>		<u>02:22.18</u>			03:01.29		
	100.00%	#DIV/0!	100.00%	#DIV/0!	#DIV/0!	127.51%		
Personal Best	100m	300m	400 m	1000m	1500m	3000m	Overall	
Smith, Julia	00:16.99	00:39.05	00:58.84	02:27.34	03:25.59	07:35.65	15:06.47	
Current Season PB		00:36.68		02:27.34		<u>07:59.68</u>	11:03.70	
	0.00%	93.93%	0.00%	100.00%	0.00%	105.27%	73.22%	
Personal Best	200m	300m	1000m	1500m	3000m	Overall		
Turnball, Sophie	00:32.26	00:39.76	02:14.85	03:34.86	07:35.33	14:37.06		
Current Season PB		00:34.74	02:14.85	02:49.43	07:29.04	13:08.06		
	0.00%	87.37%	100.00%	78.86%	98.62%	89.85%		

T2T 13 - Female								
Personal Best	100m	200 m	300m	400 m	500 m	1000m	1500m	Overall
Andreas, Shannon	00:15.78	00:32.32	00:40.89	01:00.66	01:12.58	02:39.07	04:04.59	06:05.52
Current Season PB			00:36.99			<u>02:23.39</u>		03:00.38
	0.00%	0.00%	90.46%	0.00%	0.00%	90.14%	0.00%	49.35%
Personal Best	100m	200 m	300m	500 m	1000m	1500m	Overall	
Benson, Kiara			00:41.84		02:34.94	04:25.96	03:16.78	
Current Season PB			00:41.84		02:34.94		03:16.78	
	#DIV/0!	#DIV/0!	100.00%	#DIV/0!	100.00%	0.00%	100.00%	
Previous PB	300m	400 m	500 m	1000m	1500m	3000m	Overall	
Bracha, Kiera	00:31.31	00:46.50	00:59.57	02:08.24	02:37.46	05:59.63	13:02.71	
Current Season PB	<u>00:30.05</u>				03:02.60	<u>07:02.98</u>	10:35.63	
	95.98%	0.00%	0.00%	0.00%	115.97%	117.62%	81.21%	
Personal Best	100m	300m	400m	500m	1000m	1500m	3000m	Overall
Capili, Morgan	00:14.81	00:34.55	00:52.18	01:04.57	02:10.49	02:59.31	06:28.31	14:09.41
Current Season PB		00:35.11				<u>03:04.22</u>	<u>07:26.21</u>	11:05.54
	0.00%	101.62%	0.00%	0.00%	0.00%	102.74%	114.91%	78.35%
Personal Best	300m	400 m	500 m	1000m	1500m	3000m	Overall	
Reynoldson, Gracie	00:30.58		00:58.36	02:03.48	02:37.66	05:49.26	11:59.34	

Current Season PB	<u>00:31.14</u>				<u>03:08.91</u>	<u>07:10.19</u>	10:50.24
	101.83%	#DIV/0!	0.00%	0.00%	119.82%	123.17%	90.39%
Personal Best	300m	500 m	1000m	1500m	2000m	3000m	Overall
Seman, Avery	00:37.07	01:08.48	02:29.64	03:29.96		07:27.82	15:12.97
Current Season PB	<u>00:36.49</u>		02:20.76	<u>03:46.51</u>		<u>07:43.29</u>	14:27.05
	98.44%	0.00%	94.07%	107.88%	#DIV/0!	103.45%	94.97%

T2T 14 - Female								
Personal Best	200 m	300m	400 m	500 m	1000m	1500m	3000m	Overall
Drever, Allyson	00:28.78	00:37.41	00:58.56	01:09.86	02:23.18	04:22.74	08:38.11	02:04.7
Current Season PB		00:34.07			<u>02:11.61</u>		<u>07:55.31</u>	10:40.9
	0.00%	91.07%	0.00%	0.00%	91.92%	0.00%	91.74%	513.82%
Personal Best	300m	500 m	1000m	1500m	3000m	Overall		
Harms, Cara	00:32.19	00:59.53	02:10.54	02:46.86	06:04.86	12:01.79		
Current Season PB	<u>00:32.85</u>			03:14.62	<u>07:09.82</u>	10:24.44		
	102.05%	0.00%	0.00%	116.64%	117.80%	86.51%		
Personal Best	300m	500m	1000m	1500m	3000m	Overall		
Hennenfent, Ashley	00:35.92		02:27.83	03:34.73	07:46.87	13:49.43		
Current Season PB	<u>00:37.75</u>		02:21.42			02:21.42		
	105.09%	#DIV/0!	95.66%	0.00%	0.00%	17.05%		
							_	
Junior B - Female								
Personal Best	300m	400m	500 m	1500m	3000m	Overall		
Bracha, Ceili	00:30.00	00:50.83	00:52.67	02:54.40	05:17.68	10:25.58		
Current Season PB						00:00.00		
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%		
Personal Best	100m	300m	500 m	1000m	3000m	Overall		
Dallaire, Shannon	00:14.87	00:31.24	00:58.26	02:12.20	05:40.67	09:37.24		
Current Season PB						00:00.00		
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%		
Personal Best	300m	500 m	1500m	3000 m	Overall		•	
Marshall, Annika	00:28.66	00:48.61	02:47.89	05:19.85	09:25.01			
					00:00.00			

	0.00%	0.00%	0.00%	0.00%	0.00%		
Personal Best	300m	400m	500 m	1000m	1500m	3000 m	Overall
Morris, Molly	00:32.03	00:54.23	01:02.43	02:10.45	03:59.09	05:44.65	07:19.11
Current Season PB							00:00.00
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Personal Best	300m	400 m	500 m	1000m	1500m	3000m	Overall
Pelet, Emmarie	00:33.50				03:20.28	07:27.68	08:01.18
Current Season PB							00:00.00
	0.00%	#DIV/0!	#DIV/0!	#DIV/0!	0.00%	0.00%	0.00%