Legend		
Athlete Name	Distances Skated	Overall
Personal Best	All Time Personal Best Time	
Current Season Best Time	Season's Best Time for each Distar	nce
Improvement	Percentage of beginning of season's time. The lower the the higher the level of improvement	e percentage

Please contact the SASSA Office for any discrepencies in this document

FUNdamentals - Female							
Personal Best	100m	200m	300m	400m	800m	1500m	Overall
Cousineau, Meg	00:16.33	00:32.62	00:52.33	00:59.29	02:55.16	04:49.71	09:52.82
Current Season PB	00:15.63		00:45.00	00:59.29	02:23.43	04:49.71	09:13.06
	95.71%	0.00%	85.99%	100.00%	81.89%	100.00%	93.29%
Personal Best	100m	200 m	300m	400m	500m	1500m	Overall
Engel, Sophia	00:19.58		01:00.63		01:49.15		03:09.36
Current Season PB	00:19.58		01:00.63		01:49.15		03:09.36
	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%
Personal Best	100m	200m	300m	400m	800m	1500m	Overall
Kenyon, Gemma	00:18.13	00:36.04	00:55.18	01:45.91	02:42.47	05:08.76	10:50.45
Current Season PB	00:15.63		00:48.42	01:03.67	02:39.13	05:08.76	09:55.61
	86.21%	0.00%	87.75%	60.12%	97.94%	100.00%	91.57%
Personal Best	100m	200m	300m	400m	1500m	Overall	
Larocque, Maelle	00:16.13	00:32.39	00:50.15	01:15.40		02:54.07	
Current Season PB	00:16.13	00:32.39	00:50.15	01:15.40		02:54.07	
	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%	
Personal Best	100m	200m	300m	400m	1500m	Overall	
Robertson, Axeleena	00:16.92	00:33.86	00:49.93	01:25.12		03:05.83	
Current Season PB	00:16.92	00:33.86	00:49.93	01:25.12		03:05.83	
	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%	
Personal Best	100m	200 m	300m	400m	800m	1500m	Overall
Skinner, Celia	00:17.42	00:34.97	01:04.32	01:22.64	03:12.56		06:31.91
Current Season PB	00:17.42	00:34.97	01:04.32	01:22.64	03:12.56		06:31.91
	100.00%	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%
Personal Best	100m	200m	300m	400m	500 m	1500m	Overall
Veeman, Lena	00:14.57	00:32.24	00:40.05	00:57.83	01:05.45	04:43.85	07:41.75
Current Season PB	00:13.69		00:36.37	00:51.47	00:59.97	03:47.60	06:29.10
	93.96%	0.00%	90.81%	89.00%	91.63%	80.18%	84.27%
Personal Best	100m	200m	300m	400m	800m	Overall	
Yaschuk, Avery	00:19.01	00:34.78	00:55.90	01:25.54	02:51.45	06:06.68	
Current Season PB	00:16.00	00:34.91	00:55.73	01:25.54	02:51.45	06:03.63	
	84.17%	100.37%	99.70%	100.00%	100.00%	99.17%	

L2T - Female							
Makowsky, Kamaya	100m	200m	300m	400m	500m	1500m	Overall
Personal Best	00:13.53	00:32.71	00:35.19	00:50.29	00:57.60	03:33.53	06:10.14
Current Season Best Time	00:13.78		00:35.55	00:49.58	00:57.71	03:45.85	06:22.47

Improvement	101.85%	0.00%	101.02%	98.59%	100.19%	105.77%	103.33%
Personal Best	100m	200m	300m	400m	800m	1500m	Overall
Simpson, Bailey	00:16.13	00:34.61	00:53.48	01:22.28	02:45.65		05:52.15
Current Season PB	00:15.59	00:33.97	00:49.33	01:22.28	02:45.65		05:46.82
	96.65%	98.15%	92.24%	100.00%	100.00%	#DIV/0!	98.49%
Personal Best	100m	200m	300m	400m	800m	Overall	
Textor, Hannah	00:18.13	00:39.13	01:05.61	01:20.29	03:27.13	06:50.29	
Current Season PB	00:16.27	00:33.04	00:49.85	01:20.29	02:42.83	05:42.28	
	89.74%	84.44%	75.98%	100.00%	78.61%	83.42%	

T2T 11 - Female							
Personal Best	100m	200m	300m	400m	500m	1200m	Overall
Harmon, Hannah	00:14.55		00:38.39		01:06.58	02:34.79	01:59.52
Current Season PB							00:00.00
	0.00%	#DIV/0!	0.00%	#DIV/0!	0.00%	0.00%	0.00%

T2T 12 - Female							
Personal Best	300m	400m	800m	1000m	1500m	3000m	Overall
Dvorak, Sophia	00:36.53	00:58.07	01:37.73	02:27.52	03:38.10	08:43.18	08:19.88
Current Season PB	00:32.23		01:37.73	01:58.13	03:10.26		07:18.35
	88.23%	0.00%	100.00%	80.08%	87.24%	0.00%	87.69%
Personal Best	100m	300m	400m	1000m	1500m	5000m	Overall
Hryciuk, Sophia	00:14.91	00:34.59	00:53.10	02:30.75	03:09.48	08:52.24	15:07.06
Current Season PB		00:32.06		01:58.06	02:45.32	08:52.24	14:07.68
	0.00%	92.69%	0.00%	78.32%	87.25%	100.00%	93.45%
Personal Best	200m	300m	400m	1000m	1500m	3000m	Overall
Scutchings, Melissa	00:29.94	00:35.64	00:49.74	02:14.96	03:15.14	07:41.62	03:50.78
Current Season PB		00:32.00			02:45.77		03:17.77
	0.00%	89.79%	0.00%	0.00%	84.95%	0.00%	85.70%

T2T 13 - Female							
Personal Best	200m	300m	400m	1000m	1500m	3000m	Overall
Beauregard, Felicity	00:31.53	00:35.86	01:01.55	02:20.38	03:32.91	07:45.78	00:35.86
Current Season PB		00:31.88					00:31.88
	0.00%	88.90%	0.00%	0.00%	0.00%	0.00%	88.90%
Personal Best	300m	400m	1000m	1500m	3000m	5000m	Overall
Cloutier, Ella	00:30.99	00:49.50	01:44.43	02:35.27	05:49.52	07:11.11	09:26.53
Current Season PB	00:29.56		01:44.43			<u>07:11.11</u>	09:25.10
	95.39%	0.00%	100.00%	0.00%	0.00%	100.00%	99.75%
Personal Best	300m	400m	1000m	1500m	3000m	5000m	Overall
Dallaire, Serena	00:30.23	00:49.75	01:44.37	02:37.07	05:46.19	07:08.97	09:23.57
Current Season PB	00:30.11		01:44.37			07:08.97	09:23.45
	99.60%	0.00%	100.00%	0.00%	0.00%	100.00%	99.98%
Personal Best	300m	400m	800m	1000m	1500m	3000m	Overall
Fromback, Amber	00:38.16	00:59.10	02:56.45	04:09.61	03:33.54	07:28.50	07:06.06
Current Season PB			02:01.54	02:17.38			04:18.92

	0.00%	0.00%	68.88%	55.04%	0.00%	0.00%	60.77%
Personal Best	300m	800m	1000m	1500m	3000m	Overall	
Pieper, Kearah	00:39.11	01:42.40	02:22.18	03:31.43		07:36.01	
Current Season PB		01:42.40	02:01.42	03:31.43		07:15.25	
	0.00%	100.00%	85.40%	100.00%	#DIV/0!	95.45%	
Personal Best	300m	400m	1000m	1500m	3000m	5000m	Overall
Smith, Julia	00:36.68	00:58.84	02:27.34	03:25.59	07:35.65	07:40.55	10:44.57
Current Season PB	00:32.62		01:55.32			<u>07:40.55</u>	10:08.49
	88.93%	0.00%	78.27%	0.00%	0.00%	100.00%	94.40%
Personal Best	300m	800m	1000m	1500m	3000m	Overall	
Turnball, Sophie	00:34.74	01:37.19	02:14.85	02:49.43	07:29.04	06:41.47	
Current Season PB		01:37.19	01:57.81	03:15.51		06:50.51	
	0.00%	100.00%	87.36%	115.39%	0.00%	102.25%	
							_
T2T 14 - Female							
Personal Best	400m	500m	800m	1000m	1500m	Overall	
Andreas, Shannon	01:00.66	01:12.58	01:56.60	02:23.39	04:04.59	08:24.58	
Current Season PB			01:56.60	02:17.70	04:04.56	08:18.86	
	0.00%	0.00%	100.00%	96.03%	99.99%	98.87%	
Previous PB	300m	400m	500m	1000m	1500m	3000m	Overall
Bracha, Kiera	00:30.05	00:46.50	00:59.57	02:08.24	02:37.46	05:59.63	02:38.29
Current Season PB	00:30.49			01:47.42			02:17.91
	101.46%	0.00%	0.00%	83.76%	0.00%	0.00%	87.12%
Personal Best	300m	500m	1000m	1500m	3000m	5000m	Overall
Capili, Morgan	00:34.55	01:04.57	02:10.49	02:59.31	06:28.31	07:28.47	10:13.51
Current Season PB	00:30.70		01:47.93			07:28.47	09:47.10
	88.86%	0.00%	82.71%	0.00%	0.00%	100.00%	95.70%
Personal Best	300m	800m	1000m	1500m	3000m	Overall	
Nelson, Marin	00:37.31	01:37.72	02:16.72	03:38.80	07:45.47	08:10.55	
Current Season PB	00:33.26	01:37.72	01:57.94	03:13.81		07:22.73	
	89.15%	100.00%	86.26%	88.58%	0.00%	90.25%	
Personal Best	300m	500m	1000m	1500m	3000m	5000m	Overall
Reynoldson, Gracie	00:30.58	00:58.36	02:03.48	02:37.66	05:49.26	07:24.51	09:58.57
Current Season PB	00:30.31		01:47.78			07:24.51	09:42.60
	99.12%	0.00%	87.29%	0.00%	0.00%	100.00%	97.33%
Personal Best	300m	500m	800m	1000m	1500m	3000m	Overall
Seman, Avery	00:36.49	01:08.48	01:48.93	02:20.76	03:29.96	07:27.82	08:16.14
Current Season PB	00:33.61		01:48.93	02:04.16	03:27.62		07:54.32
	92.11%	0.00%	100.00%	88.21%	98.89%	0.00%	95.60%
Junior B - Female							
Personal Best	300m	400m	500m	1000m	1500m	3000m	Overall
Morris, Molly	00:32.03	00:54.23	01:02.43	02:10.45	03:59.09	05:44.65	07:19.11
Current Season PB							00:00.00
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
		400					

300m

400m

500m

1000m

1500m

3000m

Overall

Personal Best

Pelet, Emmarie	00:33.50				03:20.28	07:27.68	08:01.18
Current Season PB							00:00.00
	0.00%	#DIV/0!	#DIV/0!	#DIV/0!	0.00%	0.00%	0.00%
Personal Best	200m	300m	400m	500m	1500m	3000m	Overall
Riben, Meela	00:24.45	00:28.43	00:48.09	00:48.34	02:22.68	05:21.19	06:37.96
Current Season PB							00:00.00
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%