Short Track Personal Best Times - 2019-2020 Season

Please contact the SASSA Office for any discrepencies in this document

Legend										
Athlete Name	Distances Skated Ov									
Personal Best	All Time Personal Best Time									
Current Season Best Time	Season's Best Time for each Distance									
Improvement	Percentage of beginning of season's time. The lower the percentage the higher the level of improvement									
All skaters are sorted in alphabetical order in their age categories.										
Highlighted Times are new Provincial Records (Junior B + up only)										

FUNdamentals - Male								
Allen, Jude	100m	200 m	300m	400m	500 m	800m	1000m	Overal
Personal Best	00:26.54	00:56.00	01:25.57	01:59.13	02:25.90			07:13.1
Current Season Best Time	<u>00:26.54</u>	00:46.54	01:14.33	01:34.49	02:04.91			06:06.8
Improvement	100.00%	83.11%	86.86%	79.32%	85.61%	#DIV/0!	#DIV/0!	84.69%
Allen, Seth	200 m	300m	400m	1000m	1500m	Overall		
Personal Best	00:32.23	00:49.48	01:10.91	02:53.96	04:02.64	09:29.22		
Current Season Best Time	00:27.47	00:40.15	<u>00:53.78</u>	02:30.89	04:02.64	08:34.93		
Improvement	85.23%	81.14%	75.84%	86.7 4%	100.00%	90.46%		_
Bradish, Colby	100m	200 m	300m	400m	800m	1000m	Overall	
Personal Best	00:19.52	00:40.30	00:55.21	01:26.49	02:35.61	03:54.45	01:55.03	
Current Season Best Time							00:00.00	
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	
Budge, Carter	100m	200 m	300m	400m	500m	1000m	Overall	
Personal Best		00:39.29	01:00.26	01:24.27	01:52.34		04:56.16	
Current Season Best Time		00:37.09	01:00.04	01:18.66	01:35.76		04:31.55	
Improvement	#DIV/0!	94.40%	99.63%	93.34%	85.24%	#DIV/0!	91.69%	
Curylo, Blaine	200 m	300m	400 m	1000m	1500m	Overall		
Personal Best	00:28.43	00:46.18	01:00.80	02:44.88	03:56.71	08:57.00		
Current Season Best Time	00:26.75	00:40.00	00:51.75	02:22.55	03:36.79	07:57.84		
Improvement	94.09%	86.62%	85.12%	86.46%	91.58%	88.98%		
Curylo, Zachary	200 m	300m	400 m	800m	Overall			
		1		1	1			

Personal Best	00:35.25	00:56.73	01:15.13	02:41.93	05:29.04			
Current Season Best Time	00:31.59	00:47.31	01:02.11	02:13.53	04:34.54			
Improvement	89.62%	83.40%	82.67%	82.46%	83.44%			
Dulic, Filip	100m	200 m	300 m	400 m	800m	1000m	Overall	
Personal Best		00:38.62	01:01.69	01:18.05			02:58.36	
Current Season Best Time		00:38.62	<u>01:01.69</u>	01:18.05			02:58.36	
Improvement	#DIV/0!	100.00%	100.00%	100.00%	#DIV/0!	#DIV/0!	100.00%	
Engel, Joseph	100m	200 m	300m	400 m	500m	1000m	Overall	
Personal Best	00:24.99	01:00.03	01:32.47	02:29.06	02:28.40		07:54.95	
Current Season Best Time	<u>00:24.99</u>	<u>00:45.96</u>	<u>01:10.47</u>	<u>01:39.05</u>	02:10.04		06:10.51	
Improvement	100.00%	76.56%	76.21%	66.45%	87.63%	#DIV/0!	78.01%	
English, Colm	100m	200 m	300 m	400 m	500 m	800m	1000m	Overall
Personal Best	00:23.73	00:35.92	00:55.24	01:13.57	01:56.75	02:07.93	03:09.07	08:01.73
Current Season Best Time		00:29.72	<u>00:43.51</u>	00:55.97		<u>02:07.93</u>	<u>02:29.98</u>	06:47.11
Improvement	0.00%	82.74%	78.77%	76.08%	0.00%	100.00%	79.33%	84.51%
Gallen, Henry	200 m	300 m	400 m	800m	1000m	Overall		
Personal Best	00:44.15	01:04.16	01:30.92	02:31.19	03:23.89	09:14.31		
Current Season Best Time	00:33.81	00:52.71	<u>01:11.76</u>	02:31.19	<u>03:23.89</u>	08:33.36		
Improvement	76.58%	82.15%	78.93%	100.00%	100.00%	92.61%		
Golding, Mason	200 m	300 m	400 m	800m	1000m	1500m	Overall	
Personal Best	00:41.86	01:01.08	01:24.03	02:31.02			05:37.99	
Current Season Best Time	00:32.18	00:48.13	<u>01:07.56</u>	02:31.02			04:58.89	
Improvement	76.88%	78.80%	80.40%	100.00%	#DIV/0!	#DIV/0!	88.43%	
Hubick, Andrew	200 m	300 m	400 m	1000m	Overall			
Personal Best	00:31.00	00:48.81	01:08.88	02:54.74	05:23.43			
Current Season Best Time	00:29.62	<u>00:43.83</u>	<u>01:01.03</u>	<u>02:30.51</u>	04:44.99			
Improvement	95.55%	89.80%	88.60%	86.13%	88.11%			
Ismail, Romi	200 m	300 m	400 m	500 m	800m	1500m	Overall	
Personal Best	00:36.51	00:53.94	01:13.98	01:31.77	02:49.76		07:05.96	
Current Season Best Time							00:00.00	
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%	#DIV/0!	0.00%	
lvey, Matthew	200 m	300 m	400 m	500 m	800m	Overall		
Personal Best	00:37.80	01:05.33	01:21.81	01:44.90	02:39.78	07:29.62		

Current Season Best Time	00:32.04	00:53.17	01:11.53	01:44.90	02:33.63	06:55.27	
Improvement	84.76%	81. 3 9%	87.43%	100.00%	96.15%	92.36%	
Kendze, Grayson	200 m	300 m	400 m	500 m	Overall		
Personal Best	00:42.52	01:01.56	01:22.64	01:45.81	04:52.53		
Current Season Best Time	00:36.64	01:02.00	01:16.14	01:35.15	04:29.93		
Improvement	86.17%	100.71%	92.13%	89.93%	92.27%		
Koshman, Cayden	100m	200 m	300 m	400 m	800m	Overall	
Personal Best		00:33.42	00:51.29	01:09.25	02:26.45	04:26.99	
Current Season Best Time		00:31.75	00:48.13	01:04.81	02:13.77	04:06.71	
Improvement	#DIV/0!	95.00%	93.84%	93.59%	91.34%	92.40%	
Koshman, Lucas	200 m	300m	400 m	500 m	800m	Overall	
Personal Best	00:50.99	01:21.54	01:59.21	02:30.16		04:29.37	
Current Season Best Time	00:50.99	01:21.54	<u>01:59.21</u>	02:30.16		04:29.37	
Improvement	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%	
Krasowski, Luca	100m	200 m	300m	400 m	800m	Overall	
Personal Best		00:38.04	00:54.34	01:11.19	02:30.25	04:35.78	
Current Season Best Time		00:38.04	<u>00:54.34</u>	01:11.19	02:30.25	04:35.78	
Improvement	#DIV/0!	100.00%	100.00%	100.00%	100.00%	100.00%	
Lepoudre, Dylan	200 m	300 m	400 m	500 m	800m	1000m	Overall
Personal Best	00:35.20	00:55.17	01:12.98	02:03.25	03:07.61	03:17.15	09:08.11
Current Season Best Time	00:30.34	00:47.20	<u>00:58.55</u>		02:12.42	02:58.93	07:27.44
Improvement	86.19%	85.55%	80.23%	0.00%	70.58%	90.76%	81.63%
Leswick, Daniel	200 m	300 m	400 m	500 m	800m	Overall	
Personal Best	00:35.53	00:51.93	01:11.36		02:31.52	05:10.34	
Current Season Best Time	<u>00:39.67</u>	<u>00:51.93</u>	<u>01:12.68</u>		<u>02:31.52</u>	05:15.80	
Improvement	111.65%	100.00%	101.85%	#DIV/0!	100.00%	101.76%	
Milos, Ian	200 m	300 m	400 m	500 m	1000m	Overall	
Personal Best	00:42.86	01:09.82	01:34.35	01:53.98	04:26.14	05:21.01	
Current Season Best Time	00:38.80	01:00.97	<u>01:18.83</u>	01:42.40		04:41.00	
Improvement	90.53%	87.32%	83.55%	89.84%	0.00%	87.54%	
Morin, Austin	200 m	300 m	400 m	500 m	1000m	Overall	
Personal Best	01:06.36	01:26.09	02:22.14	02:31.09		07:25.68	
Current Season Best Time	00:51.28	01:21.78	01:50.18	02:25.97		06:29.21	

Improvement	77.28%	94.99%	77.52%	96.61%	#DIV/0!	87.33%	1
Morin, Ayden	100m	200 m	300m	400 m	500 m	Overall	
Personal Best	00:25.90	00:50.14	01:49.70	01:55.63	02:04.52	06:39.99	
Current Season Best Time		00:40.88	<u>01:14.07</u>	<u>01:38.23</u>	01:58.77	05:31.95	
Improvement	0.00%	81.53%	67.52%	84.95%	95.38%	82.99%	
Mykytyzyn, Ross	200 m	300 m	400 m	1000m	Overall		•
Personal Best	00:32.19	00:53.08	01:02.27	02:32.96	05:00.50		
Current Season Best Time	<u>00:29.22</u>	00:44.61	01:00.27	02:32.96	04:47.06		
Improvement	90.77%	84.0 4%	96.79%	100.00%	95.53%		_
Simpson, Cooper	200 m	300m	400m	500m	1000m	Overall	
Personal Best	00:59.13	01:33.70	02:33.35	02:38.51		07:44.69	
Current Season Best Time	00:54.48	01:30.37	<u>02:13.23</u>	<u>02:38.51</u>		07:16.59	
Improvement	92.14%	96.45%	86.88%	100.00%	#DIV/0!	93.95%	
Timmerman, Logan	100m	200 m	300m	400m	800m	1000m	Overall
Personal Best	00:17.71	00:33.93	00:51.79	01:07.64	01:58.80	03:25.95	07:58.11
Current Season Best Time		00:28.15	<u>00:44.35</u>	01:00.44	<u>01:58.80</u>	<u>02:48.25</u>	06:59.99
Improvement	0.00%	82.96%	85.63%	89.36%	100.00%	81.69%	87.84%
Tubman, Wagner	200 m	300m	400m	500m	1000m	1500m	Overall
Personal Best	00:43.52	01:10.90	01:34.61	01:56.39			05:25.42
Current Season Best Time	<u>00:38.50</u>	01:00.38	<u>01:17.01</u>	<u>01:39.84</u>			04:35.73
Improvement	88.47%	85.16%	81.40%	85.78%	#DIV/0!	#DIV/0!	84.73%
Yaschuk, Miles	200 m	300 m	400 m	800m	1000m	Overall	
Personal Best	00:31.11	00:46.27	01:04.03	02:08.61	02:48.67	05:10.08	
Current Season Best Time	<u>00:29.65</u>	00:45.25	01:00.18		02:44.84	04:59.92	1
Improvement	95.31%	9 7.80%	93.99%	0.00%	97.73%	96.72%	1

L2T - Male								
Beaulieu, Alexander	100m	200m	300m	400 m	700m	800m	1000m	Overall
Personal Best	00:15.83	00:29.81	00:49.54	01:05.53	02:02.59	02:04.35	02:28.62	06:57.85
Current Season Best Time		00:28.66	<u>00:41.79</u>	00:54.88		<u>01:52.68</u>	02:28.62	06:26.63
Improvement	0.00%	96.14%	84.36%	83.75%	0.00%	9 0.62 %	100.00%	92.53%
Beck, Reece	200 m	300m	400m	500 m	800m	1000m	Overall	
Personal Best	00:31.81	00:43.17	01:03.36	01:12.65	02:07.89	02:35.23	08:14.11	

Current Season Best Time	00:29.00	00:42.81	<u>00:55.61</u>	<u>01:12.65</u>	02:07.89	02:30.95	07:58.91	
Improvement	91.17%	99.17%	87.77%	100.00%	100.00%	97.24%	96.92%	
Capili, Marcus	200 m	300m	400 m	800m	1000m	1500m	Overall	
Personal Best	00:28.48	00:42.47	00:56.64	01:41.20	02:15.62	03:41.89	09:46.30	
Current Season Best Time	00:25.67	00:37.78	00:48.41	01:41.20	02:15.62	03:19.02	09:07.70	
Improvement	90.13%	88.96%	85.47%	100.00%	100.00%	89.69%	93.42%	
Cousineau, James	200m	300m	400 m	800m	1000m	1500m	3000m	Overall
Personal Best	00:25.06	00:37.88	00:48.20	01:31.46	02:25.92	03:26.13	06:38.50	15:53.15
Current Season Best Time	00:22.91	<u>00:33.53</u>	00:44.22	01:31.46	02:03.70	<u>02:53.14</u>	<u>06:15.85</u>	14:24.81
Improvement	91.42%	88.52%	91.74%	100.00%	84.77%	84.00%	94.32%	90.73%
Daley, Jacob	200 m	300m	400 m	800m	1500m	Overall		
Personal Best	00:30.30	00:46.56	01:01.65	02:10.23		04:28.74		
Current Season Best Time	00:30.30	00:46.56	01:01.65	02:10.23		04:28.74		
Improvement	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%		
Derry, Levi	200 m	300m	400 m	800m	1000m	Overall		
Personal Best	00:35.77	00:53.37	01:10.76	02:28.46	03:17.74	08:26.10		
Current Season Best Time	00:32.11	00:47.46	01:02.88	02:13.88	02:58.49	07:34.82		
Improvement	89.77%	88.93%	88.86%	90.18%	90.26%	89.87%		
Engel, Matthew	200 m	300m	400 m	800m	1000m	1500m	Overall	
Personal Best	00:27.23	00:41.76	00:54.26	01:54.66	02:51.55	03:46.73	10:36.19	
Current Season Best Time	00:25.23	<u>00:36.95</u>	<u>00:48.99</u>	01:39.62	02:13.03	03:19.33	09:03.15	
Improvement	92.66%	88.48%	90.29%	86.88%	77.55%	87.92%	85.38%	
Ford, Xavier	200m	300m	400 m	800m	1000m	1500m	Overall	
Personal Best	00:34.56		01:14.73				01:49.29	
Current Season Best Time	<u>00:34.56</u>		<u>01:14.73</u>				01:49.29	
Improvement	100.00%	#DIV/0!	100.00%	#DIV/0!	#DIV/0!	#DIV/0!	100.00%	
Foster, Alex	100m	200 m	300m	400 m	500 m	1500m	Overall	
Personal Best		00:39.78	01:08.07	01:28.44	01:50.29		05:06.58	
Current Season Best Time		<u>00:38.51</u>	<u>00:57.73</u>	01:20.92	01:42.13		04:39.29	
Improvement	#DIV/0!	96.81%	84.81%	91.50%	92.60%	#DIV/0!	91.10%	
Friesen, Zachary	200 m	300m	400 m	800m	1000m	1500m	Overall	
Personal Best	00:38.94	00:58.71		02:41.59			04:19.24	
Current Season Best Time	<u>00:38.94</u>	<u>00:58.71</u>		<u>02:41.59</u>			04:19.24	

Improvement	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	#DIV/0!	100.00%
Golding, Colton	200 m	300m	400 m	800m	1000m	1500m	Overall
Personal Best	00:28.97	00:43.90	00:58.01	02:56.86	03:01.31	04:23.74	06:34.62
Current Season Best Time	00:28.86	<u>00:42.59</u>	01:00.21			<u>04:17.00</u>	06:28.66
Improvement	99.62%	97.02%	103.79%	0.00%	0.00%	97.44%	98.49%
Hwang, Ryan Huiseong	100m	200 m	300m	400 m	800m	1500m	Overall
Personal Best	00:14.76	00:25.88	00:38.16	00:50.12	01:44.65	03:22.60	05:16.76
Current Season Best Time		<u>00:25.91</u>	<u>00:38.64</u>	<u>00:49.88</u>		<u>03:18.73</u>	05:13.16
Improvement	0.00%	100.12%	101.26%	99.52%	0.00%	98.09%	98.8 6%
Hutton, Gavin	200 m	300m	400 m	500m	800m	1000m	Overall
Personal Best	00:30.23	00:46.05	01:01.04	01:33.79	02:20.84	02:58.03	04:14.31
Current Season Best Time	00:29.37	00:48.34				<u>02:27.23</u>	03:44.94
Improvement	97.16%	104.97%	0.00%	0.00%	0.00%	82.70%	88.45%
lvey, Lucas	100m	200 m	300m	400 m	1000m	1500m	Overall
Personal Best	00:14.21	00:25.63	00:38.69	00:51.26	02:32.17	03:25.15	07:52.90
Current Season Best Time	•	00:24.78	00:36.46	00:48.08	02:08.78	03:12.68	07:10.78
Improvement	0.00%	96.68%	94.24%	93.80%	84.63%	93.92%	91.09%
Janzen, Jonas	200 m	300m	400 m	800m	1000m	1500m	Overall
Personal Best	00:26.70	00:41.06	00:55.24	01:46.94	02:30.96	03:44.14	08:18.10
Current Season Best Time	00:25.73	00:37.74	00:49.26		02:08.62	<u>03:17.93</u>	07:19.28
Improvement	96.37%	91.91%	89.17%	0.00%	85.20%	88.31%	88.19%
Milos, Easton	100 m	200 m	300 m	400 m	800m	1000m	Overall
Personal Best	00:17.40	00:33.67	00:52.07	01:11.86	02:31.16	03:17.88	08:44.04
Current Season Best Time		00:30.74	00:46.34	01:10.15	02:12.10	<u>02:54.81</u>	07:34.14
Improvement	0.00%	91.30%	89.00%	97.62%	87.39%	88.34%	86.66%
Pieper, Carson	100m	200 m	300 m	400 m	1000m	1500m	Overall
Personal Best	00:15.50	00:28.04	00:42.83	00:55.64	02:08.86	03:38.80	07:54.17
Current Season Best Time		00:25.74	00:38.52	00:51.13	02:08.86	03:18.81	07:23.06
Improvement	0.00%	91.80%	89.94%	91.89%	100.00%	90.86%	93.44%
Schwartenberger, Issac	200 m	300 m	400 m	800m	1000m	1500m	Overall
Personal Best	00:29.80	00:42.62	00:57.79	01:46.91	02:55.10	03:43.56	10:35.78
Current Season Best Time	00:26.64	00:39.12	00:51.43	01:46.91	02:17.44	03:24.38	09:25.92
Improvement	89.40%	91.79%	88.99%	100.00%	78.49%	91.42%	89.01%

Turnbull, Jessie	200 m	300 m	400 m	800m	1000m	Overall	
Personal Best	00:42.77	01:01.03	01:18.06	02:27.60	03:31.89	05:29.46	
Current Season Best Time	00:36.23	00:53.72	<u>01:14.31</u>	02:27.60		05:11.86	
Improvement	84.71%	88.02%	95.20%	100.00%	0.00%	94.66%	
Turnbull, Joshua	200 m	300m	400 m	500m	800m	1000m	Overall
Personal Best	00:38.02	00:56.97	01:15.23	01:28.80	02:29.53	03:23.94	06:48.55
Current Season Best Time	00:35.05	00:54.02	01:11.57	01:28.80	02:29.53		06:38.97
Improvement	9 <mark>2.1</mark> 9%	94.82%	95.13%	100.00%	100.00%	0.00%	97.66%
Veeman, Mikko	200 m	300 m	400 m	800m	1000m	1500m	Overall
Personal Best	00:25.84	00:39.18	00:51.39	01:44.40	02:22.83	03:26.66	09:30.30
Current Season Best Time	00:24.50	00:36.40	<u>00:47.69</u>	01:33.82	02:04.38	03:11.22	08:38.01
Improvement	94.81%	9 2.90 %	9 2.80 %	89.87%	87.08%	92.53%	9 0.83 %
Williams, Mitch	200 m	300m	400 m	800m	1000m	1500m	Overall
Personal Best	00:28.79	00:45.67	01:00.37	01:55.31	02:54.06	03:54.88	10:59.08
Current Season Best Time	00:28.09	00:40.79	00:52.68	01:49.23	02:23.88	<u>03:45.74</u>	10:00.41
Improvement	97.57%	89.31%	87.26%	94.73%	82.66%	96.11%	91.10%

T2T 12 - Male							
Coutu, Luc	200 m	300m	400m	800m	1500m	2000m	Overall
Personal Best	00:31.48	00:47.82	01:02.51	02:02.17	04:17.72	05:45.16	13:39.04
Current Season Best Time	00:28.98		<u>00:55.35</u>	01:54.17	03:28.24	<u>05:45.16</u>	12:31.90
Improvement	92.06%	0.00%	88.55%	93.45%	80.80%	100.00%	91.80%
English, Alistair	100m	200 m	300m	400m	1500m	2000m	Overall
Personal Best	00:14.28	00:26.27	00:39.13	00:51.47	03:26.08	04:27.35	09:11.17
Current Season Best Time		00:25.42		00:49.82	<u>03:16.67</u>	<u>04:27.35</u>	08:59.26
Improvement	0.00%	96.76%	0.00%	96.79%	95.43%	100.00%	97.8 4%
Milos, Evan	200 m	300m	400 m	1000m	1500m	Overall	
Personal Best	00:26.87	00:40.25	00:52.58	03:13.44	03:47.12	05:13.14	
Current Season Best Time	<u>00:29.01</u>	00:42.14	<u>00:56.39</u>	02:40.65		04:48.19	
Improvement	107.96%	104.70%	107.25%	83.05%	0.00%	92.03%	
Olson, Kohl	200 m	300m	400 m	500 m	800m	1000m	Overall
Personal Best	00:32.80	00:49.47	01:00.21	01:06.11	02:05.66	02:42.96	08:17.21
Current Season Best Time	<u>00:28.59</u>	00:42.86	<u>00:53.98</u>	01:06.11	<u>02:05.66</u>	<u>02:31.46</u>	07:48.66

Improvement	87.16%	86.64%	89.65%	100.00%	100.00%	92.94%	94.26%
Schwartenberger, Lambert	200 m	400 m	500 m	1000m	1500m	3000 m	Overall
Personal Best	00:26.68	00:51.22	01:39.47	02:27.16	03:38.74	06:53.44	11:50.08
Current Season Best Time	00:24.05	00:46.13			03:00.57	<u>06:44.38</u>	10:55.13
mprovement	90.14%	90.06%	0.00%	0.00%	82.55%	97.81%	92.26%
Γ2Τ 13 - Male							
Bromm, Wiley	200m	400m	1000m	2000m	1500m	3000m	Overall
Personal Best	00:22.55	00:42.12	02:14.77	03:46.91	02:42.41	05:52.52	13:26.51
Current Season Best Time	00:22.14	<u>00:41.95</u>		03:46.91	<u>02:42.51</u>	05:50.38	13:23.89
mprovement	98.18%	99.60%	0.00%	100.00%	100.06%	99.39%	99.68%
Elder, Donnie	200m	400m	500m	1500m	2000m	3000m	Overall
Personal Best	00:26.63	00:50.60	01:12.44	03:36.37	05:02.29	08:16.81	09:55.89
Current Season Best Time	<u>00:25.97</u>	00:50.82		03:51.93	<u>05:26.21</u>		10:34.93
mprovement	97.52%	100.43%	0.00%	107.19%	107.91%	0.00%	106.55%
Feschuk, Kiel	200m	300m	400 m	800m	1000m	1500m	Overall
Personal Best	00:38.39	01:02.60	01:20.46	01:55.24	02:31.68	05:58.54	07:28.37
Current Season Best Time	<u>00:28.84</u>	00:44.03	<u>00:57.36</u>	01:55.24	02:30.10		06:35.57
mprovement	75.12%	70.34%	71.29%	100.00%	98.96%	0.00%	88.22%
Makowsky, Kalem	200 m	400m	800m	1000m	1500m	2000 m	3000m
Personal Best	00:24.91	00:46.89	01:40.80	02:12.52	03:03.60	04:22.31	06:57.45
Current Season Best Time	<u>00:23.01</u>	00:43.20			<u>02:48.48</u>	<u>03:56.40</u>	<u>06:05.51</u>
mprovement	92.37%	92.13%	0.00%	0.00%	91.76%	90.12%	87.56%
Mckague, Liam	200 m	300m	400 m	1500m	2000 m	3000 m	Overall
Personal Best	00:25.67		00:49.24	03:13.29	04:02.60	06:31.94	15:02.74
Current Season Best Time	00:24.04		<u>00:45.55</u>	02:55.71	04:02.60	<u>06:12.50</u>	14:20.40
mprovement	93.65%	#DIV/0!	92.51%	90.90%	100.00%	95.0 4%	95.31%
Stamm, Gabriel	200 m	400 m	500 m	1000m	1500m	2000 m	Overall
Personal Best	00:28.01	00:56.62	01:18.30	02:48.92	03:45.10	05:15.54	10:25.27
Current Season Best Time	00:27.77	00:57.87			04:12.31	06:05.65	11:43.60
mprovement	99.14%	102.21%	0.00%	0.00%	112.09%	115.88%	112.53%
Williams, Max	200 m	400m	1500m	2000m	3000m	Overall	
Personal Best	00:24.16	00:44.86	02:59.65	04:14.19	07:01.04	15:23.90	

Current Season Best Time	<u>00:23.16</u>	<u>00:43.71</u>	<u>02:50.45</u>	<u>04:00.18</u>	<u>06:06.29</u>	14:03.79
Improvement	95.86%	97.44%	94.88%	94.49%	87.00%	91.33%

T2T 14 - Male							
lvey, Caedan	200 m	400 m	1500m	2000m	3000m	Overall	
Personal Best	00:24.10	00:46.37	03:09.13	04:18.89	06:54.66	11:14.26	
Current Season Best Time	00:22.25	00:43.67	<u>02:52.75</u>		<u>06:11.71</u>	10:10.38	
Improvement	92.32%	94.18%	91.34%	0.00%	89.64%	90.53%	
Cline, Jesse	200 m	400 m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:26.77	00:50.92	02:55.60	03:32.34	05:02.31	08:24.39	18:16.73
Current Season Best Time	00:23.16	00:49.30		<u>03:15.48</u>	<u>04:30.81</u>	07:11.82	16:10.57
Improvement	86.51%	96.82%	0.00%	9 2.0 6%	89.58%	85.61%	88.50%
English, Fergus	200 m	400 m	500m	1000m	1500m	3000 m	Overall
Personal Best	00:21.82	00:41.04	00:47.59	02:20.99	02:42.63	05:49.62	12:43.69
Current Season Best Time	00:21.08	00:38.12	00:46.47	<u>01:35.97</u>	02:24.52	05:12.97	10:59.13
Improvement	96.61%	9 2.8 8%	97.65%	68.07%	88.86%	89.52%	86.31%
Kenyon, Rohan	200 m	400 m	1000m	1500m	2000m	3000m	Overall
Start of the Season	00:26.57	00:51.72	03:00.58	03:32.64	04:55.96	08:14.34	18:01.23
Current Season Best Time	00:24.99	00:49.05		03:27.81	05:09.87	<u>07:47.52</u>	17:39.24
Improvement	94.05%	94.84%	0.00%	97.73%	104.70%	94.57%	97.97%
Stack-Michasiw, Oskar	200 m	400m	500m	1000m	1500m	3000m	Overall
Personal Best	00:22.18	00:44.54	00:50.63	02:16.79	02:49.09	05:50.25	12:53.48
Current Season Best Time	00:22.18	00:41.45	<u>00:50.63</u>	01:40.55	<u>02:38.46</u>	<u>06:07.43</u>	12:20.70
Improvement	100.00%	9 3.0 6%	100.00%	73.51%	93.71%	104.91%	95.76%
Textor, Tristan	200 m	400 m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:27.98	00:53.14	02:51.61	03:30.61	04:43.56	07:43.98	17:19.27
Current Season Best Time	00:26.41	00:50.64		03:21.26	04:32.40	<u>07:34.23</u>	16:44.94
Improvement	94.39%	95.30%	0.00%	95.56%	96.06%	97.90%	96.70%
Veeman, Luca	200 m	400 m	500m	1000m	1500m	3000m	Overall
Personal Best	00:21.11	00:38.57	00:47.58	01:36.68	02:26.42	05:29.01	11:19.37
Current Season Best Time	00:20.21	00:36.93	<u>00:45.29</u>	01:31.70	<u>02:18.36</u>	05:04.70	10:37.19
Improvement	95.74%	95.75%	95.19%	94.85%	94.50%	92.61%	93.79%

T2T 15 - Male							
Bargen, Micah	200 m	400 m	1000m	1500m	3000m	Overall	
Personal Best	00:23.63	00:45.28	02:39.85	03:02.54	06:20.95	10:32.40	
Current Season Best Time	00:22.82	00:44.48		02:58.46	06:17.37	10:23.13	
Improvement	96.57%	98.23%	0.00%	97.76%	99.06%	98.53%	
Cornthwaite, Kai	200 m	400 m	1500m	2000m	3000m	Overall	
Personal Best	00:23.99	00:44.70	02:59.97	04:27.07	06:32.93	10:41.59	
Current Season Best Time	00:22.83	<u>00:44.75</u>	03:00.12		<u>06:15.65</u>	10:23.35	
Improvement	95.16%	100.11%	100.08%	0.00%	95.60%	97.16%	
Cornthwaite, Mason	200 m	400 m	1500m	2000m	3000m	Overall	
Personal Best	00:24.52	00:48.00	03:05.08	04:43.86	06:57.04	15:58.50	
Current Season Best Time	00:24.39	00:46.88	<u>03:12.96</u>	04:42.14	<u>06:46.64</u>	15:53.01	
Improvement	99.47%	97.67%	104.26%	99 .3 9%	97.51%	99.43%	
Lowe, Bon	200 m	400 m	500 m	1000m	1500m	3000 m	Overall
Personal Best	00:20.54	00:39.49	00:47.00	01:35.63	02:32.52	05:28.73	11:23.91
Current Season Best Time	00:20.64	00:38.62	00:46.57	01:38.48	02:29.67	05:18.24	11:12.22
Improvement	100.49%	9 7.80 %	99.09%	102.98%	98.13%	96.81%	98.29%
Oremba, Jacob	200 m	400 m	1000m	1500m	2000m	3000m	Overall
Personal Best	00:25.18	00:47.82	02:48.66	03:08.02	04:20.56	07:18.03	11:39.05
Current Season Best Time	00:23.89	00:46.11		02:58.59		06:12.70	10:21.29
Improvement	94.88%	96.42%	0.00%	94.98%	0.00%	85.09%	88.88%
Waddington, Keagan	200 m	400 m	500 m	1000m	1500m	3000m	Overall
Personal Best	00:20.43	00:38.17	00:46.69	01:34.41	02:31.78	05:35.07	11:06.12
Current Season Best Time	00:20.05	00:37.17	00:46.32	01:32.77	02:22.65	05:31.87	10:50.78
Improvement	98.14%	9 7.38 %	99.21%	98.26%	93.98%	99.04%	97.70%

Junior B - Male							
Cherepuschak, Tyan	200m	400m	500m	1500m	2000m	3000m	Overall
Personal Best	00:23.28	00:43.68	00:56.00	02:52.10	04:15.19	06:07.38	11:02.44
Current Season Best Time	00:23.28	00:46.25	00:56.00	02:59.08		06:19.24	11:23.85
Improvement	100.00%	105.88%	100.00%	104.06%	0.00%	103.23%	103.23%
Comfort, Joshua	400m	500m	1000m	1500m	3000m	Overall	
Personal Best	00:37.96	00:46.08	01:35.65	02:28.51	05:39.75	04:50.24	

Current Season Best Time		00:45.75	01:33.83	02:24.34		04:43.92	
Improvement	0.00%	99.28%	98.10%	97.19%	0.00%	97.82%	
Dallaire, Liam	200m	400 m	500m	1000m	1500m	3000m	Overall
Personal Best	00:21.34	00:39.68	00:48.65	01:39.38	02:37.33	05:43.61	05:05.36
Current Season Best Time			00:47.60	01:36.27	<u>02:31.98</u>		04:55.85
Improvement	0.00%	0.00%	9 7.8 4%	96.87%	96.60%	0.00%	96.89%
Heit, Bradley	500 m	1000m	1500m	3000m	Overall		
Personal Best	00:43.79	01:31.76	02:21.21	05:10.63	04:36.76		
Current Season Best Time	<u>00:44.96</u>	<u>01:30.95</u>	<u>02:23.44</u>		04:39.35		
Improvement	102.67%	99.12%	101.58%	0.00%	1 00.9 4%		
Pauli, Daniel	400m	500 m	1000m	1 500 m	3000m	Overall	
Personal Best	00:39.24	00:47.34	01:35.91	02:29.37	05:11.15	04:52.62	
Current Season Best Time		00:47.04	01:34.66	02:31.88		04:53.58	
Improvement	0.00%	99 .37%	98.70%	101.68%	0.00%	100.33%	

Neo-Senior B - Male						
Schumann, Marco	500 m	1000m	1 500 m	3000m	Overall	
Personal Best	00:41.47	01:25.79	02:14.39	04:52.79	04:21.65	
Current Season Best Time	00:42.21	01:29.08	<u>02:11.93</u>		04:23.22	
Improvement	101.78%	103.83%	98.17%	0.00%	100.60%	
Stevenson, Jordan	400 m	500m	1000m	1500m	3000m	Overall
Personal Best	00:42.27	00:49.45	01:40.18	02:35.28	05:14.87	05:04.91
Current Season Best Time		00:49.86	<u>01:41.17</u>	02:35.57		05:06.60
Improvement	0.00%	100.83%	100.99%	100.19%	0.00%	100.55%
Master 35 - Male						

Gravel, Darcie	500m	777m	1000m	1500m	Overall
Personal Best	01:19.92	02:07.26	02:41.65	04:43.20	10:52.03
Current Season Best Time					00:00.00
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%
Master 40 - Male					
Morris, John	500m	1000m	1500m	3000m	Overall

Personal Best	00:54.70	01:51.07	02:52.15	06:06.83	11:44.75
Current Season Best Time	<u>00:58.29</u>	<u>01:59.69</u>	03:04.70	06:23.57	12:26.25
Improvement	106.56%	107.76%	107.29%	104.56%	105.89%
Veeman, Chris	500m	1000m	1500m	3000m	Overall
Personal Best	00:53.06	01:49.25	02:50.34		05:32.65
Current Season Best Time					00:00.00
Improvement	0.00%	0.00%	0.00%	#DIV/0!	0.00%

Master 50 - Male					
Livingstone, Terry	500 m	1000m	1 500 m	3000m	Overall
Personal Best	01:17.67	02:33.24	03:49.67		07:40.58
Current Season Best Time					00:00.00
Improvement	0.00%	0.00%	0.00%	#DIV/0!	0.00%